

Course Title: Concussion 103 – The Current State of Sports Concussion

Course Description: Concussion is a complex injury that requires a multimodal assessment to identify and manage the resulting dysfunction. To appropriately manage concussion, clinicians must be aware of the accompanying pathophysiology and dysfunction that occurs following the injury. The current best practice model of care includes symptom, motor, and neurocognitive assessment and management. Furthermore, clinicians should be aware that lifetime accumulation of head impacts may also play a role in neurologic presentation and response to concussion. This article reviews recent evidence concerning terminology, pathophysiology, epidemiology, and best practices in concussion management and potential long-term and cumulative implications of concussion.

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs. Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 1 contact hour / .1 ceu

Course Prerequisites: None

Course Instructor: Brown, MS, OTR/L, CHT

Learning Objectives:

- Define and discuss the epidemiology of concussion
- Describe the mechanism and pathophysiology of concussion
- Outline 3 key aspects in the assessment of concussion
- Describe 3 treatment techniques for the management of concussion
- Examine recovery patterns and list 3 long-term effects of concussion

Agenda:

Hour #1

Key points

Concussion overview and definition

Epidemiology

Mechanism/pathophysiology of concussion

1. Mechanism of Injury

2. Overview of Pathophysiology

Assessment

Management and treatment

Recovery patterns and long-term effects

1. Recovery

2. Cumulative and Long-term Effects

Summary

Course Completion Requirements:

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

Additional Course Information

Course Registration: Register for Free at www.OnlineCE.com. Once registered, you can begin to purchase courses. Contact info@onlinece.com for special needs requests and assistance.

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Cancellation Policy: Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

Course Date and Location: This is an independent course that is available 24/7 on-demand at www.OnlineCE.com.

Required Materials and Equipment: Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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