Course Title: COTA Skills 118 – Use of Medications by Elders

Course Description:
Source: Occupational Therapy with Elders: Strategies for the COTA, 3rd ed. by Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L

Source Description: The only comprehensive book on geriatric occupational therapy designed specifically for the COTA, Occupational Therapy with Elders: Strategies for the COTA, 3rd Edition provides in-depth coverage of each aspect of geriatric practice, from wellness and prevention to death and dying. A discussion of foundational concepts includes aging trends and strategies for elder care, and coverage of emerging areas includes low-vision rehabilitation, mobility issues including driving, and Alzheimer's disease and other forms of dementia. Expert authors René Padilla, Sue Byers-Connon, and Helene Lohman offer an unmatched discussion of diverse populations and the latest on geriatric policies and procedures in this fast-growing area of practice. See course outline below for details and inclusive content in COTA Skills 118 course

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs**.** Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 1 contact hour / .1 ceu

Course Prerequisites: None

Course Author / Instructor: Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L / Brown, MS, OTR/L, CHT

Learning Objectives:

· Identify factors that predispose elders to adverse drug events, and discuss strategies to detect medication problems.
· Define polypharmacy and identify recommended
interventions to diminish drug-related problems of polypharmacy in elders.
· Identify classes of medications commonly associated with adverse drug reactions in elders.
· Identify and describe skills needed for safe self-medication.
· Apply the OT Practice Framework: Domain and Process, second edition, to analyze self-medication for individuals with various conditions.
· Explain the ways that adaptive devices compensate for skills needed for safe self-medication.
· Describe elder and caregiver education needs regarding self-medication.

Agenda:

Hour #1
Factors Affecting Medication Risk in Elders Polypharmacy

Physiology and the Aging Process
Elder Medication Use and Implications for the Cota Common Drug-Related Terminology
Disease States, Medications, and Common Side Effects Strategies for Minimizing Medication
Problems in Elders
Application of the Occupational Therapy Process to Self-Medication Assistive Aids for Self-
Medication
Activity Demands and Examples Related to Medication Routines Examples of Skills Needed for
Medication Routines
Guidelines for Caregivers Who Administer Medications

Course Completion Requirements:

A passing score of 100% is required for course completion. You will have as many attempts as
needed until your passing score of 100% is achieved. Upon successful completion of course and
completing a satisfaction survey, you will receive your certificate of completion.

Additional Course Information

Course Registration: Register for Free at www.OnlineCE.com. Once registered, you can begin
to purchase courses. Contact info@onlinece.com for special needs requests and assistance.

Refund Policy: There will be no refunds for courses taken at OnlineCE.com or monies
deposited into My CE Bank. Any money on account will be used for taking future courses. If
you start a course in error, or if you are dissatisfied with a course, please contact us in the first
part of the course and we will void the course and you can select a replacement course.

Cancellation Policy: Only available courses are offered online and on-demand and available for
purchase. No registration fees are collected for courses that are not provided on-demand. Due to
the online and on demand format, courses are not cancelled.

Course Date and Location: This is an independent course that is available 24/7 on-demand at
www.OnlineCE.com.

Required Materials and Equipment: Courses offered on OnlineCE.com can be accessed on
any type of computer or device. No special software is required but we do recommend the use of
the Chrome Browser (recommended, not required). All course materials are contained within the
courses and no prerequisites are required.

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