

**Course Title:** COTA Skills 128 – Working with Elders Who Have Cardiovascular Conditions

**Course Description:**

Source: Occupational Therapy with Elders: Strategies for the COTA, 3rd ed. by Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L

Source Description: The only comprehensive book on geriatric occupational therapy designed specifically for the COTA, Occupational Therapy with Elders: Strategies for the COTA, 3rd Edition provides in-depth coverage of each aspect of geriatric practice, from wellness and prevention to death and dying. A discussion of foundational concepts includes aging trends and strategies for elder care, and coverage of emerging areas includes low-vision rehabilitation, mobility issues including driving, and Alzheimer's disease and other forms of dementia. Expert authors René Padilla, Sue Byers-Connon, and Helene Lohman offer an unmatched discussion of diverse populations and the latest on geriatric policies and procedures in this fast-growing area of practice. See course outline below for details and inclusive content in COTA Skills 128 course

**Target Audience:** OT / OTA and other healthcare professionals

**Course Type:** Video vs. Text-based

**Educational Level:** Beginner, Intermediate, Advanced

**CE Hours:** 1 contact hour / .1 ceu

**Course Prerequisites:** None

**Course Author / Instructor:** Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L / Brown, MS, OTR/L, CHT

**Learning Objectives:**

- Identify the signs and symptoms of cardiac dysfunction
- Describe the phases of cardiac rehabilitation
- Recognize the role of occupational therapy in cardiac rehabilitation
- Describe assessments, intervention techniques, and precautions used with elders who have cardiac conditions
- Describe intervention approaches for elders with cardiac conditions in various treatment settings

**Agenda:**

**Hour #1**

Background Information

Psychosocial Aspects of Cardiac Dysfunctions

Evaluation of Elders with Cardiac Conditions

Interventions, Goals, and Strategies  
When to Stop Activity and Seek Medical Help  
Energy Conservation, Work Simplification, and Other Education  
Intervention with Elders with Cardiac Conditions in Other Settings  
Examples of Common Medications and Potential Side Effects  
Santa Clara Valley Medical Center's  
Metabolic Equivalents After Myocardial Infarction and After Open Heart Surgery  
The Four Functional Categories of Cardiac Disease  
The Three Phases of Cardiac Rehabilitation

### **Course Completion Requirements:**

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

### **Additional Course Information**

**Course Registration:** Register for Free at [www.OnlineCE.com](http://www.OnlineCE.com). Once registered, you can begin to purchase courses. Contact [info@onlinece.com](mailto:info@onlinece.com) for special needs requests and assistance.

**Refund Policy:** There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

**Cancellation Policy:** Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

**Course Date and Location:** This is an independent course that is available 24/7 on-demand at [www.OnlineCE.com](http://www.OnlineCE.com).

**Required Materials and Equipment:** Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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