



Course Title: Geriatric Rehab 103 – Cognition in the Aging Adult

**Course Description**: Geriatric Rehab 103, Cognition in the Aging Adult, is a 3-hour course designed for the clinician working in geriatrics. This course provides a comprehensive overview on cognitive issues including depression. Recognizing and managing cognitive issues is fundamental in order for the clinician to be able to assist theclient and to maximize their functional independence. This course will also cover aspectsof other cognitive issues such as Alzheimer's and other forms of dementia. At the end of this course, the clinician will feel better prepared and have a greater understanding for designing effective treatment activities and interventions and designing appropriate goal and functional outcomes.

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs. Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 3 contact hour / .3 ceu

Course Prerequisites: None

Course Author / Instructor: Guccione, PT, PhD, DPT / Brown, MS, OTR/L, CHT

### Learning Objectives:

- Outline characteristics of depression and methods of assessment in older adults
- Define and differentiate 5 common depression scales
- Become familiar with drugs used in depression
- Outline and understand the cognitive decline and dementia in older adults
- Understand dementia and Alzheimer's disease in older adults and methods of management

### Agenda:

## <u>Hour #1</u>

DEPRSSION IN OLDER ADULTS

Characteristics and Assessment of the Older Person with Depression Assessment of Depression Unique Features of Depression in the Older Adult Physical Illness, Function, and Depression

## <u>Hour #2</u>

MANAGEMENT OF DEPRESSION IN THE OLDER PERSON Pharmacotherapy Psychotherapy Exercise/Physical Activity Cognitive Decline and Dementia COGNITIVE DECLINE AND DEMENTIA Continuum of Cognitive Change Preservation of Normal Cognition and Prevention of Cognitive Disease

# <u>Hour #3</u>

Mild Cognitive ImpairmentDELIRIUM DEMENTIA Alzheimer's Disease Vascular Dementia Lewy Body Dementia Assessment Management CAREGIVER ISSUES Case Study

## **Course Completion Requirements:**

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

## **Additional Course Information**

**Course Registration:** Register for Free at <u>www.OnlineCE.com</u>. Once registered, you can begin to purchase courses. Contact <u>info@onlinece.com</u> for special needs requests and assistance.

**Refund Policy:** There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

**Cancellation Policy:** Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

**Course Date and Location:** This is an independent course that is available 24/7 on-demand at <u>www.OnlineCE.com</u>.

**Required Materials and Equipment:** Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



American Occupational Therapy Association OnlineCE.com is an AOTA Approved Provider of professional development, #4023. Course approval ID#4023. This distance learning-independent course is offered at 3 CEUs. Intermediate educational level, category foundational knowledge. AOTA does not endorse specific course content, products, or clinical procedures.

Approved Provider



OnlineCE.com is an NBCOT Professional Development Provider. This course is offered for 3.75 NBCOT PDUs. NBCOT® is a registered trademark of the National Board for Certification in Occupational Therapy.