



Course Title: Geriatric Rehab 110 - Balance and Falls

**Course Description:** Geriatric Rehab 110, Balance and Falls, is a 2-hour course designed for the clinician working in geriatrics in the acute care environment. This course will cover various aspects of impaired balance that leads to falls and will explore the severity of falls throughout the aging process. This clinically-relevant information will make the clinician better suited to evaluate and diagnose conditions that are associated with falling. Increased awareness about falls will help the clinician be better equipped to design treatment interventions and therapy interventions for patients who are at increased risk of falling

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs. Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 2 contact hour / .2 ceu

Course Prerequisites: None

Course Author / Instructor: Guccione, PT, PhD, DPT / Brown, MS, OTR/L, CHT

## Learning Objectives:

- Understand the seriousness of the problem of falling
- List 5 risk factors for falling
- Outline the balance and postural control centers of the body
- Examine evaluation techniques for assessing balance and risk of falls
- Outline tests and measures for balance and falls
- Understand the importance of neuromuscular testing in balance and falls
- Define and differentiate 5 functional balance measures
- Become familiar with balance training and exercise interventions

## Agenda:

Hour #1 INTRODUCTION HOW SERIOUS IS THE PROBLEM FALL RISK FACTORS BALANC AND POSTURAL CONTROL

Hour #2 EXAMINATION AND EVALUATION SYSTEM REVIEWS AND MEASURES INTERVENTION SUMMARY Course Completion Requirements: A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

## **Additional Course Information**

**Course Registration:** Register for Free at <u>www.OnlineCE.com</u>. Once registered, you can begin to purchase courses. Contact <u>info@onlinece.com</u> for special needs requests and assistance.

**Refund Policy:** There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

**Cancellation Policy:** Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

**Course Date and Location:** This is an independent course that is available 24/7 on-demand at <u>www.OnlineCE.com</u>.

**Required Materials and Equipment:** Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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