

Course Title: Hand Therapy 131 – Understanding Dupuytren's Disease: Treatment Options and More

Course Subtitles:

- Part I: Understanding Dupuytren's Disease
- Part II: The Role of Hand Therapy in the Treatment of Dupuytren's Disease
- Part III: Complications of Treatment for Dupuytren's Disease

Course Source: Rehab of the Hand, 6th Edition

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs. Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 3 contact hour / .3 ceu

Course Prerequisites: None

Course Author / Instructor: Multiple / Brown, MS, OTR/L, CHT

Learning Objectives:

- Discuss the history DD and how this condition got its name
- List 5 common risk factors for developing DD
- Describe the epidemiology of DD
- Describe 2 common signs and symptoms of DD including which digits are most commonly involved and which digits are generally spared
- Examine and describe the normal anatomy and the significance of the palmar aponeurosis
- Describe the pathogenesis of DD including defining and differentiating between the 3 stage of the disease: proliferative, involutional, residual
- Outline common steps involved in making a diagnosis of DD
- List and describe 3 conservative treatment interventions including the advantages of each
- Describe the role of hand therapy in the treatment of DD
- List 5 possible complications following surgery

Agenda:

Hour #1 Case Study #1, #2, #3 Introduction History Epidemiology Signs and Symptoms Stages of Dupuytrens Normal Anatomy of the Palmar Aponeurosis Pathogenesis Diagnosis Conservative Treatment Options Needle aponeurotomy Collagenase injection Radiotherapy Steroid injection OT/PT/Hand Therapy

Hour #2 Introduction Hand therapy as preventive treatment Hand Therapy before corrective treatment Hand Therapy after corrective treatment Orthotics Exercise Other treatment modalities Patient education and participation

Hour #3 Introduction Complications of treatment Contracture Recurrence Digital Nerve Injury and Postoperative Neurapraxia Flexor Tendon Injury/Rupture Delayed Wound Healing and Skin Necrosis Dysyvascular Digit/Arterial Injury Hematoma Infection

Course Completion Requirements:

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

Additional Course Information

Course Registration: Register for Free at <u>www.OnlineCE.com</u>. Once registered, you can begin to purchase courses. Contact <u>info@onlinece.com</u> for special needs requests and assistance.

Refund Policy: There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

Cancellation Policy: Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

Course Date and Location: This is an independent course that is available 24/7 on-demand at <u>www.OnlineCE.com</u>.

Required Materials and Equipment: Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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