



Course Title: Hand Therapy 132 – Clinical Exam of the Wrist

Course Source: Rehab of the Hand, 6th Edition

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs. Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 2 contact hour / .2 ceu

Course Prerequisites: None

Course Author / Instructor: Multiple / Brown, MS, OTR/L, CHT

Learning Objectives:

- Identify 3 key components to a through wrist examination
- List the 3 dorsal zones of the wrist and describe 3 important anatomic structures located within each zone
- List the 2 volar zones of the wrist and describe 3 important anatomic structures located within each zone
- Name the 6 extensor compartments of the wrist and list the tendons located within each compartment
- Describe 3 clinical syndromes that effect the extensor tendons
- List and describe 3 clinical syndromes that effect each dorsal zone of the wrist
- List and describe 3 clinical syndromes that effect each volar zone of the wrist
- Describe 1 test used to assess scaphoid instability
- Explain the significance of the Allen's test
- List and describe 2 tests used to identify Median Nerve compression

Agenda:

Hour #1

History of the Injury or Onset
Inspection of the Wrist
Objective Assessments
Diagnostic Injection
Physical Examination

Dorsal Zones

- Radial Dorsal Zone
- Central Dorsal Zone
- Ulnar Dorsal Zone

Hour #2

Volar Zone

- Radial Volar Zone
- Ulnar Volar Zone

General Tests

Summary

Course Completion Requirements:

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

Additional Course Information

Course Registration: Register for Free at www.OnlineCE.com. Once registered, you can begin to purchase courses. Contact info@onlinece.com for special needs requests and assistance.

Refund Policy: There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

Cancellation Policy: Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

Course Date and Location: This is an independent course that is available 24/7 on-demand at www.OnlineCE.com.

Required Materials and Equipment: Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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