



**Course Title:** Pediatrics 210 – Activities of Daily Living and Sleep and Rest

# **Course Description:**

**Source:** Occupational Therapy for Children and Adolescents, 7th Edition, by Jane Case-Smith EdD, OTR/L, FAOTA and Jane Clifford O'Brien, PhD, OTR/L

**Source Description**: Focusing on children from infancy to adolescence, Occupational Therapy for Children and Adolescents, 7th Edition provides comprehensive, full-color coverage of pediatric conditions and treatment techniques in all settings. Its emphasis on evidence-based practice includes updated references, research notes, and explanations of the evidentiary basis for specific interventions. And coverage of new research and theories, new techniques, and current trends, with additional case studies, keeps you in step with the latest advances in pediatric OT practice. Written by educators Jane Case- Smith and Jane Clifford O'Brien, this text is the Number One book in pediatric OT!

See course outline below for details and inclusive content in Pediatrics 210 course

**Target Audience:** OT / OTA and other healthcare professionals

Course Type: Video vs. <u>Text-based</u>

Educational Level: Beginner, Intermediate, Advanced

**CE Hours:** 4 contact hour / .4 ceu

**Course Prerequisites**: None

Course Author / Instructor: Jane Case-Smith EdD, OTR/L, FAOTA and Jane Clifford

O'Brien, PhD, OTR/L / Brown, MS, OTR/L, CHT

# **Learning Objectives:**

- · Describe 3 factors that affect performance of ADLs and sleep habits of children?
- · Examine and explain how and when to evaluate ADL skills and describe 3 formal evaluations available
- $\cdot$  List and analyze 5 general intervention strategies and approaches used to promote ADL skills including healthy sleep and rest
- · Describe what evidence is available to support the use of specific intervention techniques with specific groups of children with disabilities
- · Describe 2 ways to modify the environment, equipment, or techniques to support ADL development and sleep in children with disabilities
- · Summarize the effects of context on a child's performance and parental expectations for ADL, sleep, and rest

Agenda:

#### Hour #1

Factors Effecting Performance Environments and Contexts Evaluation of ADL Evaluation Methods

#### Hour #2

Team Evaluations Measurement of Outcomes Intervention, Strategies and Approaches

### Hour #3

Promoting or Creating Supports
Establishing, Restoring, Maintaining Performance
Adapting the Task or Environment
Specific Intervention Techniques

### Hour #4

Toilet Hygiene Dressing Bathing or Showering Sleep and Rest Summary

# **Course Completion Requirements:**

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

# **Additional Course Information**

**Course Registration:** Register for Free at <a href="www.OnlineCE.com">www.OnlineCE.com</a>. Once registered, you can begin to purchase courses. Contact <a href="mailto:info@onlinece.com">info@onlinece.com</a> for special needs requests and assistance.

**Refund Policy:** There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

**Cancellation Policy:** Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

**Course Date and Location:** This is an independent course that is available 24/7 on-demand at www.OnlineCE.com.

**Required Materials and Equipment:** Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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