

# Online Continuing Education Courses www.OnlineCE.com

Course Title: Physical Therapy 104

**Sub-Title:** Introduction to Low Level Lasers

**Target Audience**: OT/OTA

Course Length: 1 hour

Course Author/Instructor: Kinsler, DC / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

# **Course Objectives:**

• At the conclusion of the course, participants will be able to:

- Discuss the unique properties of lasers and their clinical applications
- Identify indications and contraindications to cold laser therapy
- List parameters and protocols of cold laser therapy
- Evaluate the current body of low level laser therapy clinical research
- Explain the advantages and disadvantages of using cold laser therapy

## **Outline of Content:**

## **Hour #1**

Pain Control

Terminology
History of Light in Medicine
Types of Light
The Light Spectrum
Therapeutic Window
Applications
Classification of Lasers
Clinical Application
Benefits
Effects
Contraindications
Clinical Application

#### **Instructional Methods and Formats:**

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

## **Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

## **AOTA Classification Codes:**

Category 1: <u>Domain of OT</u>

Category 2: Occupational Therapy Process

Category 3: Professional Issues

## **Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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