



Course Title: Shoulder Rehab 113

**Sub-Title:** Total Shoulder Replacements

Course Description: Shoulder Rehab 113, Total Shoulder Replacements, is a 2-hour course designed for the clinician working with patients with total shoulder replacement. This course outlines the variety of pathologic conditions encountered in arthritic processes involving the shoulder and details special surgical techniques that are required with each diagnosis. By having a more detailed understanding of the implications and techniques used for treatment, the clinician will be better equipped to design a safe and effective rehabilitation program with therapy goals that are achievable.

**Target Audience**: OT/OTA

**Course Length:** 2 hours

Course Author/Instructor: Donatelli, PT, PhD and Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

### **Course Objectives:**

At the conclusion of the course, participants will be able to:

- List 5 clinical considerations for total shoulder replacement
- Outline components for a comprehensive examination of the shoulder
- Describe and differentiate pathological conditions about the shoulder
- Outline rehabilitation protocols and categories of rehab following shoulder arthroplasty

#### **Outline of Content:**

# <u> Hour #1</u>

Clinical Considerations History Physical Exam Rheumatoid Arthritis Osteoarthritis Arthritis of Dislocation Avascular Necrosis

## Cuff Tear Arthropathy

### <u>Hour #2</u>

Acute Fractures
Post Traumatic Arthritis
Rehabilitation
Categories of Rehabilitation following Shoulder Arthroplasty
Critical Points and Techniques
Summary

#### **Instructional Methods and Formats:**

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

## **Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

#### **AOTA Classification Codes:**

Category 1: <u>Domain of OT</u>

Category 2: Occupational Therapy Process

Category 3: Professional Issues

## **Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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