



Online Continuing Education Courses  
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AOTA Approved Provider #4023

**Course Title:** Clinical Examination of the Hand

**Target Audience:** OT/OTA

**Course Description:** Clinical Examination of the Hand is a 1.5-hour course is designed for the beginning and intermediate clinician looking for a comprehensive and organized approach to performing an examination of the hand. This course will present an organized approach to evaluating the hand including the intake history, physical examination, observation, range of motion and manual muscle testing, evaluating for extrinsic vs. intrinsic tightness, nerve supply and vascularity of the hand plus more! Learning to perform an organized and comprehensive evaluation of the hand is an important skill that all clinicians should possess.

**Course Length:** 1.5 hours

**Course Author/Instructor:** Brown, MS, OTR/L, CHT

**Educational Level:** Introductory, Intermediate, Advanced

**Course Objectives:**

At the conclusion of the course, participants will be able to:

- Discuss 5 components of a hand examination
- Differentiate between intrinsic and extrinsic muscle tightness
- Describe 3 examination tools to obtain subjective and objective data
- Understand normal hand anatomy in order to recognize pathology

**Outline of Content:**

**Hour #1**

Pre-Test

Introduction

History

Physical Exam

Range of Motion

Intrinsic and Extrinsic Muscle Testing

Oblique Retinacular Ligament

Grip and Pinch Strength

Nerve Supply – Sensory and Motor

**Instructional Methods and Formats:**

Online course available 24/7 at [www.OnlineCE.com](http://www.OnlineCE.com) includes PDF downloadable course. See course formats for additional details.

**Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

**AOTA Classification Codes:**

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

**Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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