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AOTA Approved Provider #4023

Course Title: OT Analysis and Group Process 102

Sub-Title: Activity Analysis

Course Description: OT Analysis and Group Process 102, Activity Analysis, is a 1-hour course designed for the clinician interested in learning more about this central aspect of occupational therapy. This course provides a description of activity analysis and the process of activity configuration and synthesis. A review of types of activity analyses, including task-focused, biomechanical, and Model of Human Occupation (MOHO), is presented. The course then moves onto cover higher level material such as describing the use of therapeutic media in activities and grading and adapting activities. At the end of this lesson, the learner will have a much deeper understanding of how to construct therapeutic activities that are appropriate to the patient's skill level.

Target Audience: OT/OTA

Course Length: 1 hour

Course Author/Instructor: Solomon, MHS, OTR/L, O'Brien PhD, OTR/L and / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Describe the process of activity analysis
- Describe the process of activity configuration and activity synthesis
- Discuss the process of activity match
- Differentiate between occupation, activity, and tasks
- Compare and contrast a variety of activity analyses
- Discuss how Model of Human Occupation (MOHO) theory helps practitioners conduct activity analyses
- Identify a variety of therapeutic media and how they are used in practice
- Identify ways to “grade” and adapt activities

Outline of Content:

Hour #1

Overview of the Process of Activity Analysis
Steps to Activity Analysis
Occupational Therapy Concepts of Occupation, Activity, and Task
Elements of the Activity: Activity Configuration
Activities that Match the Client's Needs: Activity Synthesis
Types of Activity Analysis
Occupation, Activity, Task-Focused
Biomechanical
Model of Human Occupation
Use of Therapeutic Media
Grading and Adapting Activity
Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT
Category 2: Occupational Therapy Process
Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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