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AOTA Approved Provider #4023

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**Course Title:** OT Analysis and Group Process 103

**Sub-Title:** Interpersonal Relationships and Communication

**Course Description:** OT Analysis and Group Process 103, Interpersonal Relationships and Communication, is a 1- hour course designed for the clinician working with patients in a group setting. Good communication is fundamental in establishing the interpersonal relationship and imperative for gathering important information about the client. This course will explore key components of communication and present pertinent information about a variety of groups including stages of development, establishing rapport, leading groups and more. At the end of this lesson, the clinician will be much more skilled at leading and facilitating communication and group discussion.

**Target Audience:** OT/OTA

**Course Length:** 1 hour

**Course Author/Instructor:** Solomon, MHS, OTR/L, O'Brien PhD, OTR/L and / Brown, MS, OTR/L, CHT

**Educational Level:** Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

**Course Objectives:**

At the conclusion of the course, participants will be able to:

- Identify components of communication
- Define groups and components of group structure
- Identify and give examples of different group models
- Identify the stages of group development
- Discuss methods of establishing rapport within a group
- Explain how to plan and lead an effective occupational therapy group

**Outline of Content:**

**Hour #1**

Components of Communication

Definition of a Group

Group Structure  
Group Models  
Activity Groups  
Psychoanalytic Groups  
Social Systems Groups  
Growth Groups  
Functional Group Model  
Stages of Group Development  
Establishing Rapport  
Planning the Group  
Leading the Group  
Summary

**Instructional Methods and Formats:**

Online course available 24/7 at [www.OnlineCE.com](http://www.OnlineCE.com) includes PDF downloadable course. See course formats for additional details.

**Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

**AOTA Classification Codes:**

- Category 1: Domain of OT
- Category 2: Occupational Therapy Process
- Category 3: Professional Issues

**Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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