



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: OT Analysis and Group Process 105

Sub-Title: Managing and Facilitating Groups

Course Description: OT Analysis and Group Process 105, Managing and Facilitating Groups, is a 1-hour course designed for the clinician interested in managing and facilitating groups. Clinicians commonly lead and co-lead groups for a variety of therapeutic purposes. This course will describe the steps in developing a group program and provide an outline related to the process of writing therapeutic group goals. The clinician will learn how to plan both a group program and individual sessions, and learn the strategies that practitioners use to manage and facilitate group process. At the end of this course, the clinician will be a more effective group leader and continue to understand the therapeutic value of groups.

Target Audience: OT/OTA

Course Length: 1 hour

Course Author/Instructor: Solomon, MHS, OTR/L, O'Brien PhD, OTR/L and / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Develop group programs
- Describe strategies to manage and facilitate group process
- Write long-term and short-term goals for groups
- Identify the key components of goals
- Describe the group climate

Outline of Content:

Hour #1

The Fundamentals of Group Development and Management
Development of a Group Program
Planning Group Program

Group Goals
Designing and Managing Individual Group Sessions
Fundamentals of Group Dynamics: The Art of
Facilitation and the Effective Management of Group
Dynamics
Group Climate
Group Facilitation Techniques
Personal Disclosure
Post-group Analysis
Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

- Category 1: Domain of OT
- Category 2: Occupational Therapy Process
- Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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