



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Basic Principles of Hand Therapy II

Target Audience: OT/OTA

Course Description: Basic Principles of Hand Therapy II is a 3-hour course that continues in-depth and provides the beginning therapist with a deeper understanding of the field of hand therapy. Etiology, conservative and surgical treatment interventions, clinical tips and protocols for common hand conditions such as carpal tunnel syndrome, Dupuytren's disease, osteoarthritis, distal radius fractures, Boutonniere deformities and basic hand wounds are explored in this course. Basic 101 or Basic Principles of Hand Therapy, is recommended as a prerequisite for Basic 102.

Course Length: 3 hours

Course Author/Instructor: Amini, OT, CHT / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

Course Objectives:

At the conclusion of the course, participants will be able to:

- Discuss the incidence and pathology of Dupuytren's disease
- Name 3 signs and symptoms of osteoarthritis
- Identify 3 treatment interventions for carpal tunnel syndrome
- Describe 5 treatment protocols for common hand diagnoses

Outline of Content:

Hour #1

Common Hand Conditions

Treatment of Carpal Tunnel Syndrome

Dupuytren's Disease: Post Surgical Evaluation and Treatment Options

An Overview of Dupuytren's Disease

Wound Care

Hour #2

Distal Radius Fractures

Causes and Types of Fractures, Fixation Options and Complications

Pre-consolidation Therapy Considerations

Treatment Options I-Closed Reduction

Treatment Options II-External Fixation

Hour #3

PIP Dislocation with Pseudoboutonniere Deformity
Conservative Intervention of Pseudo Boutionniere Deformity
Osteoarthritis of the CMC of the Thumb
Conservative Management of Thumb CMC Osteoarthritis
Surgical Treatment and Rehabilitation of CMC Arthritis

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

- Category 1: Domain of OT
- Category 2: Occupational Therapy Process
- Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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