

Course Title: Cardiopulmonary 105 – Body Positioning

Course Description: Cardiopulmonary 105, Body Positioning, is a 2 -hour course designed for the beginning to intermediate clinician in need of a review or comprehensive introduction into therapeutic body positioning. This course will focus on the physiological effects of body positioning and differentiate therapeutic body positioning from routine body positioning. The principles for prescribing certain positioning along with benefits and influence on cardiovascular and pulmonary function and the effects of oxygen transport will be reviewed.

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs. Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 2 contact hour / .2 ceu

Course Prerequisites: None

Course Author / Instructor: Frownfelter, PT, DPT, MA CCS, RRT, FCCP and Dean, PhD, PT / Brown, MS, OTR/L, CHT

Learning Objectives:

- Explain how gravity influences normal physiological function
- Describe physiological effects of various body positions
- List 5 indications for body positioning to optimize oxygen transport
- List 10 indications for frequent changing of body positions
- Describe the physiological effects of various body positions including supine, side-lying, prone and head down position
- Differentiate prescriptive from routine body positioning
- Outline the principles of monitoring oxygen transport variables before, during and after positioning a patient

Agenda:

Hour #1

- Introduction
- Gravity and Normal Physiological Function
- Prescriptive vs. Routine Body Positioning
- Physiological Effects of Various Body Positions
- Upright
- Supine
- Side-
- Lying

Hour #2

Head
Down
Prone

Physiological Effects of Frequent Changes in Body Positions
Prescription of Therapeutic Body Positions and Body Position
Changes
Practical Considerations in Positioning Patients
Monitoring Responses to a Body Position or Position
Changes
Summary

Course Completion Requirements:

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

Additional Course Information

Course Registration: Register for Free at www.OnlineCE.com. Once registered, you can begin to purchase courses. Contact info@onlinece.com for special needs requests and assistance.

Refund Policy: There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

Cancellation Policy: Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

Course Date and Location: This is an independent course that is available 24/7 on-demand at www.OnlineCE.com.

Required Materials and Equipment: Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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