



AOTA Approved Provider #4023



Course Title: Swallowing Disorders 109

Course Subtitle: Clinical Evaluation of Adults

Course Description: Swallowing Disorders 109, Clinical Evaluation of Adults is a 2-hour course designed for the intermediate clinician working with patients that may have a swallowing disorder. Swallowing disorders are associated with a variety of conditions and have several signs and symptoms. This course will review the 3 main components of a swallowing evaluation including the medical history, physical examination and evaluation of the muscles involved in swallowing. A variety of tests including, but not limited to water tests, oxygen saturation tests, and the Modified Evans Blue dye test will be reviewed. Case examples, critical thinking exercises and practice notes will be incorporated to highlight clinical application. At the end of this lesson, the learner will have a greater understanding of the components involved in a swallowing evaluation along with an understanding or rationale of performing an evaluation for a swallowing disorder.

Upon the completion of this course and successfully answering 10 interactive multiple-choice questions, the learner will complete a satisfaction survey and receive a completion certificate for .2 AOTA eligible CEU's.

Course Length: 2 Hours

Course Author: Micheal Groher, PhD, FASHA

Course Instructor: Joanne Brown, MS, OTR/L

Course Objectives:

Upon course completion, the learner will be able to:

- Describe the rationale for early detection of swallowing disorders
- Review the main components of the clinical evaluation of swallowing in adults
- Present the strengths and weaknesses of evaluation protocols
- Discuss noninvasive techniques for improving the diagnostic accuracy of the clinical examination
- Review standardized tests for dysphagia
- Present potential adjunctive measures of swallowing performance

Outline of Content:

Hour 1:

Introduction

Rationale

Symptoms of Dysphagia

 Patient Description

Signs of Dysphagia

Medical History

 Historical variables

Physical Examination

 Clinical Observations

 Cranial Nerve Examination

 Test Swallows

 Feeding Evaluation

Hour 2:

Tests to Detect Aspiration

 Water Tests

 Oxygen Saturation Tests

 Modified Evans Blue dye test

Standardized Tests

Supplemental Tests

Summary