



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Concussion 101

Subtitle: Diagnosis and Management of Acute Concussion

Course Description: Over the past 2 decades, there have been major advances in the basic and clinical science of concussion and mild traumatic brain injury. These advances now provide a more evidence-informed approach to the definition, diagnosis, assessment, and management of acute concussion. Standardized clinical tools have been developed and validated for assessment of acute concussion across injury settings (eg, civilian, sport, military). Consensus guidelines now provide guidance regarding injury management and approaches to ensure safe return to activity after acute concussion. This article provides a brief, high-level overview of approaches to best practice in diagnosis, assessment, and management of acute concussion.

Target Audience: PT/PTA, OT/OTA and Other Healthcare Professionals

Course Length: 1 hour

Course Instructor: Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the end of the course, participants will be able to:

- Define “concussion” and list 3 criteria used for making a diagnosis of acute concussion
- List 5 common signs and symptoms of concussion
- Describe the SCAT 3 in the assessment of concussion and outline it’s primary features
- Describe 3 key components in the follow-up evaluation and management of acute concussion
- Outline and describe the graduated approach to return-to-activity protocol

Outline of Content:

Hour #1

- Key points
- Introduction
- Definition and diagnosis of acute concussion
- Acute concussion assessment and management
- Multidimensional assessment of acute concussion
- Follow-up evaluation and management of acute concussion
- Injury management and return to activity after concussion
- Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes Audiovisual format and PDF downloadable handout. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion.

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.