



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Concussion 103

Subtitle: The Current State of Sports Concussion

Course Description: Concussion is a complex injury that requires a multimodal assessment to identify and manage the resulting dysfunction. To appropriately manage concussion, clinicians must be aware of the accompanying pathophysiology and dysfunction that occurs following the injury. The current best practice model of care includes symptom, motor, and neurocognitive assessment and management. Furthermore, clinicians should be aware that lifetime accumulation of head impacts may also play a role in neurologic presentation and response to concussion. This article reviews recent evidence concerning terminology, pathophysiology, epidemiology, and best practices in concussion management and potential long-term and cumulative implications of concussion.

Target Audience: PT/PTA, OT/OTA and Other Healthcare Professionals

Course Length: 1 hour

Course Instructor: Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the end of the course, participants will be able to:

- Define and discuss the epidemiology of concussion
- Describe the mechanism and pathophysiology of concussion
- Outline 3 key aspects in the assessment of concussion
- Describe 3 treatment techniques for the management of concussion
- Examine recovery patterns and list 3 long-term effects of concussion

Outline of Content:

Hour #1

- Key points
- Concussion overview and definition
- Epidemiology
- Mechanism/pathophysiology of concussion

1. Mechanism of Injury
2. Overview of Pathophysiology

- Assessment
- Management and treatment
- Recovery patterns and long-term effects

1. Recovery
2. Cumulative and Long-term Effects

- Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes Audiovisual format and PDF downloadable handout. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion.

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.