



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: COTA Skills 116

Course Subtitle: Working with Families and Caregivers of Elders

Source: Occupational Therapy with Elders: Strategies for the COTA, 3rd ed. by Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L

Source Description: The only comprehensive book on geriatric occupational therapy designed specifically for the COTA, Occupational Therapy with Elders: Strategies for the COTA, 3rd Edition provides in-depth coverage of each aspect of geriatric practice, from wellness and prevention to death and dying. A discussion of foundational concepts includes aging trends and strategies for elder care, and coverage of emerging areas includes low-vision rehabilitation, mobility issues including driving, and Alzheimer's disease and other forms of dementia. Expert authors René Padilla, Sue Byers-Connon, and Helene Lohman offer an unmatched discussion of diverse populations and the latest on geriatric policies and procedures in this fast-growing area of practice.

See course outline below for details and inclusive content in COTA Skills 116 course

Target Audience: OT/OTA and other healthcare professionals

Course Length: 1 hour

Course Author/Instructor: Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L
/ Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Define the role of the certified occupational therapy assistant (COTA) in family and caregiver training.
- Understand role changes within family systems at the onset of debilitating conditions in elders.
- Discuss communication strategies that maximize comprehension during elder, family, and caregiver education.
- Identify stressors that affect quality of care, ability to cope, and emotional responses in the elder-caregiver relationship.

- Identify techniques to minimize caregiver stress.
- Define and identify signs of elder abuse and neglect, and discuss reporting requirements

Outline of Content:

Hour #1

Roles for Certified Occupational Therapy Assistants

Considerations for Effective Communication

Role Changes in the Family

Signs of Caregiver Stress

Ways to Reduce Caregiver Stress

Recognizing Signs and Reporting Elder Abuse and Neglect

Signs and Symptoms of Abuse

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course.

See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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