



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: COTA Skills 117

Course Subtitle: Addressing Sexual Activity of Elders

Source: Occupational Therapy with Elders: Strategies for the COTA, 3rd ed. by Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L

Source Description: The only comprehensive book on geriatric occupational therapy designed specifically for the COTA, Occupational Therapy with Elders: Strategies for the COTA, 3rd Edition provides in-depth coverage of each aspect of geriatric practice, from wellness and prevention to death and dying. A discussion of foundational concepts includes aging trends and strategies for elder care, and coverage of emerging areas includes low-vision rehabilitation, mobility issues including driving, and Alzheimer's disease and other forms of dementia. Expert authors René Padilla, Sue Byers-Connon, and Helene Lohman offer an unmatched discussion of diverse populations and the latest on geriatric policies and procedures in this fast-growing area of practice.

See course outline below for details and inclusive content in COTA Skills 117 course

Target Audience: OT/OTA and other healthcare professionals

Course Length: 1 hour

Course Author/Instructor: Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L
/ Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Discuss the ways that values can influence attitudes about elder sexuality.
Identify primary myths about elder sexuality.
- Discuss how elder homosexuals have been ignored by society.
- Describe normal, age-related, sexual, physiological changes.
- Describe sexually transmitted diseases and the elder population.
- Discuss the treatment team members' roles in addressing elders' sexual concerns.

- Discuss the ways elders' sexuality is commonly dealt with in nursing facilities.
- List the components of the permission, limited information, specific suggestions, and intensive therapy model (PLISSIT), and discuss ways that the certified occupational therapy assistant (COTA) can apply this model.
- Identify strategies for elder sexual education.
- List intervention and safety sides for addressing sexual and arthritis.
Increase personal comfort to discuss elder sexual concerns

Outline of Content:

Hour #1

Values about Sexuality

Myths about Elders and Sexual Functioning

Elder Homosexuals

Normal Age-Related Physiological Changes in Men and Women

Sexuality Transmitted Diseases Among the Elder Population

Role of Intervention in Sexual Education

Addressing Elder Sexuality in a Nursing Facility

Educating and Counseling the Elder Client

The PLISSIT Model

Role of the Certified Occupational Therapy Assistant in Sexual Education

Effects of Health Conditions on Elder Sexuality

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

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