



Online Continuing Education Courses  
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AOTA Approved Provider #4023

**Course Title:** Cota Skills 120

**Course Subtitle:** Working with Elders Who Have Vision Impairments

**Source:** Occupational Therapy with Elders: Strategies for the COTA, 3<sup>rd</sup> ed. by Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L

**Source Description:** The only comprehensive book on geriatric occupational therapy designed specifically for the COTA, Occupational Therapy with Elders: Strategies for the COTA, 3rd Edition provides in-depth coverage of each aspect of geriatric practice, from wellness and prevention to death and dying. A discussion of foundational concepts includes aging trends and strategies for elder care, and coverage of emerging areas includes low-vision rehabilitation, mobility issues including driving, and Alzheimer's disease and other forms of dementia. Expert authors René Padilla, Sue Byers-Connon, and Helene Lohman offer an unmatched discussion of diverse populations and the latest on geriatric policies and procedures in this fast-growing area of practice.

See course outline below for details and inclusive content in COTA Skills 120 course

**Target Audience:** OT/OTA and other healthcare professionals

**Course Length:** 1 hour

**Course Author/Instructor:** Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L  
/ Brown, MS, OTR/L, CHT

**Educational Level:** Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

**Course Objectives:**

At the conclusion of the course, participants will be able to:

- Describe typical physiological changes affecting vision that occur with aging.
- Name and describe the major ocular diseases affecting vision in elders.
- Describe common vision deficits resulting from neurological insults in elders.
- Describe psychosocial implications of vision impairments in elders, possible effects on rehabilitation, and on functional outcomes.
- Describe the use of the Occupational Therapy Practice Framework's dynamic, interactive process of evaluation, intervention, and outcomes to address functional deficits in elder clients resulting from visual impairments.

- Identify general principles to enhance vision.
- Identify environmental or contextual considerations and interventions to increase independence and safety in elders with low vision.
- Identify general principles in intervention of visual dysfunction after brain insult.
- Identify team members and community resources that registered occupational therapists (OTRs) and certified occupational therapy assistants (COTAs) may collaborate with to improve functional outcomes in elders with low vision

### **Outline of Content:**

#### **Hour #1**

Psychosocial Effects of Vision Impairment  
 Effects of the Normal Aging Process on Vision  
 Specific Ocular Pathologies  
 Intervention Gems for Individuals with Macular Degeneration  
 Glaucoma  
 Intervention Gems for Individuals with Glaucoma  
 Visual Dysfunction After Neurological Insult  
 Warren's Hierachachy for Addressing Visual Dysfunction  
 Principles of Intervention  
 Decreased Acuity  
 Visual Field Loss  
 Oculomotor Dysfunction  
 Reduced Contrast Sensitivity  
 Impaired Visual Attention and Scanning  
 Higher Level Visual-Perceptual Deficits  
 Settings in Which Visual Impairments are Addressed

#### **Instructional Methods and Formats:**

Online course available 24/7 at [www.OnlineCE.com](http://www.OnlineCE.com) includes PDF downloadable course. See course formats for additional details.

#### **Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

#### **AOTA Classification Codes:**

- Category 1: Domain of OT
- Category 2: Occupational Therapy Process
- Category 3: Professional Issues

#### **Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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