



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: COTA Skills 122

Course Subtitle: Strategies to Maintain Continence in Elders

Source: Occupational Therapy with Elders: Strategies for the COTA, 3rd ed. by Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L

Source Description: The only comprehensive book on geriatric occupational therapy designed specifically for the COTA, Occupational Therapy with Elders: Strategies for the COTA, 3rd Edition provides in-depth coverage of each aspect of geriatric practice, from wellness and prevention to death and dying. A discussion of foundational concepts includes aging trends and strategies for elder care, and coverage of emerging areas includes low-vision rehabilitation, mobility issues including driving, and Alzheimer's disease and other forms of dementia. Expert authors René Padilla, Sue Byers-Connon, and Helene Lohman offer an unmatched discussion of diverse populations and the latest on geriatric policies and procedures in this fast-growing area of practice.

See course outline below for details and inclusive content in COTA Skills 122 course

Target Audience: OT/OTA and other healthcare professionals

Course Length: 1 hour

Course Author/Instructor: Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L
/ Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Determine the prevalence and cost associated with incontinence.
- Indicate common causes of incontinence.
- Review the normal anatomy and physiology of urination and defecation.
- Identify the different types of urinary and fecal incontinence.
- Explain the effect of the Omnibus Budget Reconciliation Act in dealing with the problem of incontinence in nursing homes.
- Specify the role of each team member, emphasizing the importance of an interdisciplinary approach.

- Identify the certified occupational therapy assistant's (COTA's) role in the management of incontinence.
List suggestions for the management of incontinence

Outline of Content:

Hour #1

Urinary and Fecal Incontinence

Anatomy and Physiology

Etiology

Types of Urinary Incontinence

Fecal Incontinence

Omnibus Budget Reconciliation Act and Related Research

Interdisciplinary Team Strategies

Environmental Adaptations

Clothing Adaptations and Management

Adaptations for Clients with Functional Incontinence

Prevention of Skin Erosion

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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