



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: COTA Skills 125

Course Subtitle: Working with Elders Who Have Dementia and Alzheimer's Disease

Source: Occupational Therapy with Elders: Strategies for the COTA, 3rd ed. by Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L

Source Description: The only comprehensive book on geriatric occupational therapy designed specifically for the COTA, Occupational Therapy with Elders: Strategies for the COTA, 3rd Edition provides in-depth coverage of each aspect of geriatric practice, from wellness and prevention to death and dying. A discussion of foundational concepts includes aging trends and strategies for elder care, and coverage of emerging areas includes low-vision rehabilitation, mobility issues including driving, and Alzheimer's disease and other forms of dementia. Expert authors René Padilla, Sue Byers-Connon, and Helene Lohman offer an unmatched discussion of diverse populations and the latest on geriatric policies and procedures in this fast-growing area of practice.

See course outline below for details and inclusive content in COTA Skills 125 course

Target Audience: OT/OTA and other healthcare professionals

Course Length: 2 hours

Course Author/Instructor: Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L
/ Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Understand that elders with Alzheimer's disease (AD) are persons first; they are not their disease. Therefore, person-centered care (personalized) focuses on overall well-being, reflecting the elders' remaining strengths and abilities.
- Describe person-centered care and personhood.
- Gain awareness and sensitivity to the cognitive, physical, and psychosocial needs of elders with AD.
- Describe occupation-focused care.

- Relate suggestions to promote wellness through task simplification and modification.
- Identify care giving techniques, approaches, and interventions that can be used to help empower elders who have AD to participate in daily living tasks.
- Suggest appropriate communication responses to elders with AD.
- Problem solve antecedents and approaches to refocus unwanted behavioral responses.

Outline of Content:

Hour #1

Four Stages of Alzheimer's Disease

Person-Centered and Occupation Focused Care for Elders with Alzheimer's Disease

Suggestions for Improving Communication and Connectedness

Problem: Pacing, or Wandering, or Both (Behavior Analysis Approach)

Intervention

Suggestions for Provision of Activities of Daily Living Support for Elders with Alzheimer's Disease

Hour #2

Using Activities to Promote Well-Being

Communication with and Teaching Caregivers

Terminal Stage Issues

Reimbursement for Services

Medicare Cognitive Levels of Assistance

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

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