



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: COTA Skills 130

Course Subtitle: Working with Elders Who Have Oncological Conditions

Source: Occupational Therapy with Elders: Strategies for the COTA, 3rd ed. by Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L

Source Description: The only comprehensive book on geriatric occupational therapy designed specifically for the COTA, Occupational Therapy with Elders: Strategies for the COTA, 3rd Edition provides in-depth coverage of each aspect of geriatric practice, from wellness and prevention to death and dying. A discussion of foundational concepts includes aging trends and strategies for elder care, and coverage of emerging areas includes low-vision rehabilitation, mobility issues including driving, and Alzheimer's disease and other forms of dementia. Expert authors René Padilla, Sue Byers-Connon, and Helene Lohman offer an unmatched discussion of diverse populations and the latest on geriatric policies and procedures in this fast-growing area of practice.

See course outline below for details and inclusive content in COTA Skills 130 course

Target Audience: OT/OTA and other healthcare professionals

Course Length: 1 hour

Course Author/Instructor: Rene Padilla, MS, OTR/L, Sue Byers-Connon, BA, COTA/L, ROH and Helene Lohman, MA, OTD, OTR/L
/ Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Identify four common oncological diagnoses associated with aging.
- Discuss cancer treatment provided to elders with cancer and the associated side effects.
- Describe the role of occupational therapy (OT) with the elder cancer patient, and list three different approaches that might be used with them.
- Identify three common complications that elders receiving cancer treatment often face, and discuss the impact of these on the OT intervention process.

- Describe modified approaches to daily occupations that might be used by the certified occupational therapy assistant (COTA) when working with an elder who has cancer.

Outline of Content:

Hour #1

Overview of Cancer with the Elder Population

Common Conditions

Lung Cancer

Breast Cancer

Prostate Cancer

Colorectal Cancer

Cancer Metastasis

Cancer Treatment and Side Effects

Psychosocial Aspects of Oncological Conditions/Implications for Occupational Therapy

Complications Related to Cancer and Its Treatment

Occupational Therapy Intervention

Body Mechanics to Decrease Stress on Bones and the Skeletal System

Checklist for Fall Prevention for Elders at Home

Special Considerations in Intervention Planning and Implementation

OT Intervention Gems

Discharge Planning

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course.

See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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