



Online Continuing Education Courses  
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AOTA Approved Provider #4023

**Course Title:** Fibromyalgia 105

**Sub-Title:** Differential Diagnosis: Myofascial Pain Syndrome

**Course Description:** Fibromyalgia 105, Differential Diagnosis: Myofascial Pain Syndrome, is a 2-hour course designed for the intermediate clinician interested in learning more about differential diagnosis related to fibromyalgia. This course will begin by presenting the criteria for a diagnosis of fibromyalgia as determined by the American College of Rheumatology. There are several other conditions and pain syndromes that have similar symptoms and feature pain and should be considered in the differential diagnosis process when determining a diagnosis of fibromyalgia. Other pain syndromes reviewed in this course include, but are not limited to: hypothyroidism, parasitic disease, metabolic insufficiencies, rheumatologic disease, whiplash, burns, psychological conditions, adult growth hormone deficiency plus more.

**Target Audience:** OT/OTA

**Course Length:** 2 hours

**Course Author/Instructor:** Chaitow, ND, DO / Brown, MS, OTR/L, CHT

**Educational Level:** Introductory, Intermediate, Advanced

**Course Objectives:**

At the end of this course, participants will be able to:

- Define myofascial pain syndrome based on criteria by the American College of Rheumatology
- List various conditions that have symptoms similar to myofascial pain syndrome
- Differentiate myofascial pain syndrome from other conditions with similar symptoms
- Understand the importance of a thorough clinical assessment and physical examination in patients with myofascial pain syndrome

**Outline of Content:**

**Hour #1**

The American College of Rheumatology Criteria

Differential Diagnosis

Hypothyroidism

Side effects of statins

Parasitic disease  
Myoadenylate deaminase deficiency  
Metabolic insufficiencies  
Rheumatic disease  
Adult growth hormone deficiency  
Psychological diagnosis  
Myofascial pain syndrome  
Hypermobility syndrome  
Whiplash associated disorders  
Widespread burns

## **Hour #2**

Myofascial Pain Syndrome

Myofascial trigger point therapy  
Neuromuscular technique  
Neuromuscular therapy  
Manual trigger point therapy  
The integrated trigger point hypothesis  
Clinical assessment  
Physical examination

Summary

### **Instructional Methods and Formats:**

Online course available 24/7 at [www.OnlineCE.com](http://www.OnlineCE.com) includes PDF downloadable course. See course formats for additional details.

### **Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

### **AOTA Classification Codes:**

Category 1: Domain of OT  
Category 2: Occupational Therapy Process  
Category 3: Professional Issues

### **Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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