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AOTA Approved Provider #4023

Course Title: Fibromyalgia 107

Sub-Title: Fibromyalgia and Related Disorders

Course Description: Fibromyalgia 107, Fibromyalgia and Related Disorders, is a 1-hour course designed for the intermediate clinician interested in learning more about the diagnosis of Fibromyalgia and distinguishing this common condition from other related disorders. This course begins with an overview of fibromyalgia and myofascial pain syndrome and reviews epidemiology, clinical presentation and symptoms of fibromyalgia. Differential diagnosis is explored along with a variety of laboratory tests used in the diagnosis of fibromyalgia. Treatment options including pharmacology, exercise, stress reduction, ergonomics, massage, ultrasound, electrical nerve stimulation, acupuncture and trigger point injection are examined along with functional outcomes.

Target Audience: OT/OTA

Course Length: 1 hour

Course Author/Instructor: Chaitow, ND, DO / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

Course Objectives:

At the end of this course, participants will be able to:

- Discuss the treatment of fibromyalgia and myofascial pain syndrome
- Become familiar with differential diagnosis for fibromyalgia
- Understand the epidemiology and clinical presentation of fibromyalgia
- Describe the pharmacological management of fibromyalgia
- Describe functional outcomes in chronic muscle pain

Outline of Content:

Hour #1

Introduction

Epidemiology

Clinical Presentation

Laboratory Tests

Differential Diagnosis

Pathophysiology of Fibromyalgia and Myofascial Pain Syndrome
Treatment of Fibromyalgia and Myofascial Pain Syndrome
Functional Outcomes in Chronic Muscle Pain
Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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