



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Geriatric Rehab 103

Sub-Title: Cognition in the Aging Adult

Course Description: Geriatric Rehab 103, Cognition in the Aging Adult, is a 3-hour course designed for the clinician working in geriatrics. This course provides a comprehensive overview on cognitive issues including depression. Recognizing and managing cognitive issues is fundamental in order for the clinician to be able to assist the client and to maximize their functional independence. This course will also cover aspects of other cognitive issues such as Alzheimer's and other forms of dementia. At the end of this course, the clinician will feel better prepared and have a greater understanding for designing effective treatment activities and interventions and designing appropriate goal and functional outcomes.

Target Audience: OT/OTA

Course Length: 3 hours

Course Author/Instructor: Guccione, PT, PhD, DPT / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

Course Objectives:

At the conclusion of the course, participants will be able to:

- Outline characteristics of depression and methods of assessment in older adults
- Define and differentiate 5 common depression scales
- Become familiar with drugs used in depression
- Outline and understand the cognitive decline and dementia in older adults
- Understand dementia and alzheimer's disease in older adults and methods of management

Outline of Content:

Hour #1

DEPRSSION IN OLDER ADULTS

Characteristics and Assessment of the Older Person with Depression

Assessment of Depression

Unique Features of Depression in the Older Adult

Physical Illness, Function, and Depression

Hour #2

MANAGEMENT OF DEPRESSION IN THE OLDER PERSON

Pharmacotherapy

Psychotherapy

Exercise/Physical Activity

Cognitive Decline and Dementia

COGNITIVE DECLINE AND DEMENTIA

Continuum of Cognitive Change

Preservation of Normal Cognition and Prevention of Cognitive Disease

Hour #3

Mild Cognitive Impairment

DELIRIUM

DEMENTIA

Alzheimer's Disease

Vascular Dementia

Lewy Body Dementia

Assessment

Management

CAREGIVER ISSUES

Case Study

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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