



**Course Title:** Geriatric Rehab 109 - Ambulation: Impact of Age-Related Changes on Functional Mobility

**Course Description:** Geriatric Rehab 109, Ambulation: Impact of Age-Related Changes on Functional Mobility, is a 2-hour course designed for the clinician working in geriatrics in the acute care environment. This course will cover various aspects of ambulation and mobility and how gait and mobility changes throughout the aging process. This clinically-relevant information will provide the clinician with the proper knowledge and foundation to be better equipped to treat and diagnose geriatric patients with mobility impairments and help to design effective treatment plans.

**Target Audience:** OT / OTA and other healthcare professionals

**Course Type:** Video vs. Text-based

**Educational Level:** Beginner, Intermediate, Advanced

**CE Hours:** 2 contact hour / .2 ceu

**Course Prerequisites:** None

**Course Author / Instructor:** Guccione, PT, PhD, DPT / Brown, MS, OTR/L, CHT

**Learning Objectives:**

- Explain characteristics of gait and changes that occur with aging
- Outline and define pathologic gait changes
- Define speed, distance and general requirements for functional ambulation
- Outline components involved with examining and evaluating gait
- Become familiar with interventions and develop plan of care for patients with gait changes

**Agenda:**

**Hour #1**

Introduction Normal Gait

Gait Characteristics: Typical Changes with Aging Pathological Gait Changes

Functional Ambulation Requirements

Speed and Distance Requirements for Functional Ambulation Task and Environment Demands

Ambulation with Assistive Devices

**Hour #2**

EXAMINATION AND EVALUATION OF GAIT

Gait Speed Timed Up and Go Six-Minute Walk

Modified Gait Abnormality Rating Scale

Performance Oriented Mobility Assessment  
Plan of Care and Interventions  
Specific Interventions for Gait Training Summary

**Course Completion Requirements:**

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

**Additional Course Information**

**Course Registration:** Register for Free at [www.OnlineCE.com](http://www.OnlineCE.com). Once registered, you can begin to purchase courses. Contact [info@onlinece.com](mailto:info@onlinece.com) for special needs requests and assistance.

**Refund Policy:** There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

**Cancellation Policy:** Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

**Course Date and Location:** This is an independent course that is available 24/7 on-demand at [www.OnlineCE.com](http://www.OnlineCE.com).

**Required Materials and Equipment:** Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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