



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Geriatric Rehab 109

Sub-Title: Ambulation: Impact of Age-Related Changes on Functional Mobility

Course Description: Geriatric Rehab 109, Ambulation: Impact of Age-Related Changes on Functional Mobility, is a 2-hour course designed for the clinician working in geriatrics in the acute care environment. This course will cover various aspects of ambulation and mobility and how gait and mobility changes throughout the aging process. This clinically-relevant information will provide the clinician with the proper knowledge and foundation to be better equipped to treat and diagnose geriatric patients with mobility impairments and help to design effective treatment plans.

Target Audience: OT/OTA

Course Length: 2 hours

Course Author/Instructor: Guccione, PT, PhD, DPT / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

Course Objectives:

At the conclusion of the course, participants will be able to:

- Explain characteristics of gait and changes that occur with aging
- Outline and define pathologic gait changes
- Define speed, distance and general requirements for functional ambulation
- Outline components involved with examining and evaluating gait
- Become familiar with interventions and develop plan of care for patients with gait changes

Outline of Content:

Hour #1

Introduction

Normal Gait

Gait Characteristics: Typical Changes with Aging

Pathological Gait Changes

Functional Ambulation Requirements

Speed and Distance Requirements for Functional Ambulation

Task and Environment Demands

Ambulation with Assistive Devices

Hour #2

EXAMINATION AND EVALUATION OF GAIT

Gait Speed

Timed Up and Go

Six-Minute Walk

Modified Gait Abnormality Rating Scale

Performance Oriented Mobility Assessment

Plan of Care and Interventions

Specific Interventions for Gait Training

Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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