



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Geriatric Rehab 110

Sub-Title: Balance and Falls

Course Description: Geriatric Rehab 105, Balance and Falls, is a 2-hour course designed for the clinician working in geriatrics in the acute care environment. This course will cover various aspects of impaired balance that leads to falls and will explore the severity of falls throughout the aging process. This clinically-relevant information will make the clinician better suited to evaluate and diagnose conditions that are associated with falling. Increased awareness about falls will help the clinician be better equipped to design treatment interventions and therapy interventions for patients who are at increased risk of falling

Target Audience: OT/OTA

Course Length: 2 hours

Course Author/Instructor: Guccione, PT, PhD, DPT / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

Course Objectives:

At the conclusion of the course, participants will be able to:

- Understand the seriousness of the problem of falling
- List 5 risk factors for falling
- Outline the balance and postural control centers of the body
- Examine evaluation techniques for assessing balance and risk of falls
- Outline tests and measures for balance and falls
- Understand the importance of neuromuscular testing in balance and falls
- Define and differentiate 5 functional balance measures
- Become familiar with balance training and exercise interventions

Outline of Content:

Hour #1

INTRODUCTION

HOW SERIOUS IS THE PROBLEM

FALL RISK FACTORS
BALANC AND POSTURAL CONTROL

Hour #2

EXAMINATION AND EVALUATION
SYSTEM REVIEWS AND MEASURES
INTERVENTION
SUMMARY

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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