



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Geriatric Rehab 111

Sub-Title: Management of Urinary Incontinence in Men and Women

Course Description: Geriatric Rehab 111, Management of Urinary Incontinence in Men and Women, is a 1-hour course designed for the clinician working in geriatrics in the acute care environment. This course will cover a variety of areas related to the issue of incontinence including how continence works, pathophysiology, risk factors, examination and more. Case studies will be used to highlight clinical application. At the end of this lesson, the clinician will have a much more comprehensive understanding for developing treatment and care plans for the individual with issues related to urinary incontinence.

Target Audience: OT/OTA

Course Length: 1 hour

Course Author/Instructor: Guccione, PT, PhD, DPT / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

Course Objectives:

At the conclusion of the course, participants will be able to:

- Explain the mechanism of continence
- Understand the pathophysiology of incontinence
- List 3 risk factors for urinary incontinence
- Become familiar with interventions for incontinence including pelvic floor muscle exercises, biofeedback, electrical stimulation, behavioral interventions, weight loss, fluid management, pharmacologic interventions and more
- Understand the physical exam in regards to incontinence
- Become familiar with outcome measures for urinary incontinence

Outline of Content:

Hour #1

INTRODUCTION

CONTINENCE MECHANISM

PATHOPHYSIOLOGY AND RISK FACTORS

EXAMINATION

INTERVENTIONS
CASE STUDIES

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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