



**Course Title:** Geriatric Rehab 111 - Management of Urinary Incontinence in Men and Women

**Course Description:** Geriatric Rehab 111, Management of Urinary Incontinence in Men and Women, is a 1-hour course designed for the clinician working in geriatrics in the acute care environment. This course will cover a variety of areas related to the issue of incontinence including how continence works, pathophysiology, risk factors, examination and more. Case studies will be used to highlight clinical application. At the end of this lesson, the clinician will have a much more comprehensive understanding for developing treatment and care plans for the individual with issues related to urinary incontinence.

**Target Audience:** OT / OTA and other healthcare professionals

**Course Type:** Video vs. Text-based

**Educational Level:** Beginner, Intermediate, Advanced

**CE Hours:** 1 contact hour / .1 ceu

**Course Prerequisites:** None

**Course Author / Instructor:** Guccione, PT, PhD, DPT / Brown, MS, OTR/L, CHT

**Learning Objectives:**

- Explain the mechanism of continence
- Understand the pathophysiology of incontinence
- List 3 risk factors for urinary incontinence
- Become familiar with interventions for incontinence including pelvic floor muscle exercises, biofeedback, electrical stimulation, behavioral interventions, weight loss, fluid management, pharmacologic interventions and more
- Understand the physical exam in regards to incontinence
- Become familiar with outcome measures for urinary incontinence

**Agenda:**

**Hour #1**

INTRODUCTION CONTINENCE MECHANISM  
PATHOPHYSIOLOGY AND RISK FACTORS EXAMINATION  
INTERVENTIONS CASE STUDIES

**Course Completion Requirements:**

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

## **Additional Course Information**

**Course Registration:** Register for Free at [www.OnlineCE.com](http://www.OnlineCE.com). Once registered, you can begin to purchase courses. Contact [info@onlinece.com](mailto:info@onlinece.com) for special needs requests and assistance.

**Refund Policy:** There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

**Cancellation Policy:** Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

**Course Date and Location:** This is an independent course that is available 24/7 on-demand at [www.OnlineCE.com](http://www.OnlineCE.com).

**Required Materials and Equipment:** Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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