

Course Title: Geriatric Rehab 112 - Conservative Pain Management for Older Adults

Course Description: Geriatric Rehab 112, Conservative Pain Management for Older Adults, is a 2-hour course designed for the clinician working in geriatrics in the acute care environment. This course will explore a variety of pain management techniques for the older patient including the scope and incidence of pain management, costs incurred, changes that occur with aging that influence pain and more. The clinician will learn appropriate methods for evaluating patients and gain a deeper understanding of pain theory. At the end of this lesson, the clinician will be able to use various models of pain theory and create a treatment plan that is safe and effective for the older patient.

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs. Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 1 contact hour / .1 ceu

Course Prerequisites: None

Course Author / Instructor: Guccione, PT, PhD, DPT / Brown, MS, OTR/L, CHT

Learning Objectives:

- Become familiar with the prevalence, challenges and costs of pain management in older adults
- Describe the biophysical model of persistent pain
- List age-related changes associated with pain
- Outline methods of examination and evaluation of the patient with pain
- Outline a plan of care and list 5 interventions for patients with pain
- Review case studies that highlight clinical management of pain

Agenda:

Hour #1

Introduction

Scope of the Problem

Pain Management Challenges Cost of Pain Management

BIOPSYCHOSOCIAL MODEL OF PERSISTENT PAIN

Age Related Changes

Exam and Evaluation of the Patient with Pain Patient History

Pain History

Hour #2

PROGNOSIS AND PLAN OF CARE OF THE PATIENT WITH PAIN

Physical Therapy Interventions to Address Pain Thermal Agents

TENS

Manual Therapy

Low-Level Laser Therapy

COGNITIVE – BEHAVIORAL APPROACHES

Case Studies

Course Completion Requirements:

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

Additional Course Information

Course Registration: Register for Free at www.OnlineCE.com. Once registered, you can begin to purchase courses. Contact info@onlinece.com for special needs requests and assistance.

Refund Policy: There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

Cancellation Policy: Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

Course Date and Location: This is an independent course that is available 24/7 on-demand at www.OnlineCE.com.

Required Materials and Equipment: Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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