



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Geriatric Rehab 112

Sub-Title: Conservative Pain Management for Older Adults

Course Description: Geriatric Rehab 112, Conservative Pain Management for Older Adults, is a 2-hour course designed for the clinician working in geriatrics in the acute care environment. This course will explore a variety of pain management techniques for the older patient including the scope and incidence of pain management, costs incurred, changes that occur with aging that influence pain and more. The clinician will learn appropriate methods for evaluating patients and gain a deeper understanding of pain theory. At the end of this lesson, the clinician will be able to use various models of pain theory and create a treatment plans that are safe and effective for the older patient.

Target Audience: OT/OTA

Course Length: 2 hours

Course Author/Instructor: Guccione, PT, PhD, DPT / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

Course Objectives:

At the conclusion of the course, participants will be able to:

- Become familiar with the prevalence, challenges and costs of pain management in older adults
- Describe the biophysical model of persistent pain
- List age-related changes associated with pain
- Outline methods of examination and evaluation of the patient with pain
- Outline a plan of care and list 5 interventions for patients with pain
- Review case studies that highlight clinical management of pain

Outline of Content:

Hour #1

Introduction

Scope of the Problem

Pain Management Challenges

Cost of Pain Management

BIOPSYCHOSOCIAL MODEL OF PERSISTENT PAIN

Age Related Changes

Exam and Evaluation of the Patient with Pain

Patient History

Pain History

Hour #2

PROGNOSIS AND PLAN OF CARE OF THE PATIENT WITH PAIN

Physical Therapy Interventions to Address Pain

Thermal Agents

TENS

Manual Therapy

Low-Level Laser Therapy

COGNITIVE – BEHAVIORAL APPROACHES

Case Studies

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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