



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Geriatrics 215

Course Subtitle: Physiological and Neurological System Changes with Aging and Related OT Interventions

Course Source: Occupational Therapy with Aging Adults: Promoting Quality of Life Through Collaborative Practice by Karen Barney and Margaret Perkinson

Source Description: Look no further for the book that provides the information essential for successful practice in the rapidly growing field of gerontological occupational therapy! Occupational Therapy with Aging Adults is a new, comprehensive text edited by OT and gerontological experts Karen Frank Barney and Margaret Perkinson that takes a unique interdisciplinary and collaborative approach in covering every major aspects of geriatric gerontological occupational therapy practice. With 30 chapters written by 70 eminent leaders in gerontology and OT, this book covers the entire continuum of care for the aging population along with special considerations for this rapidly growing demographic. This innovative text also covers topical issues spanning the areas of ethical approaches to treatment; nutrition and oral health concerns; pharmacological issues; low vision interventions; assistive technology supports; and more to ensure readers are well versed in every aspect of this key practice area. Includes Intra-professional and interprofessional approach to intervention, case studies and more!

Target Audience: OT, OTAs

Course Length: 2 hours

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the end of the course, participants will be able to:

- Describe how the aging process changes physiologic and neurologic functions relative to occupational performance
- Describe common physiologic and neurologic disorders in older adults, particularly cardiac, respiratory, genitourinary, gastrointestinal, integumentary, and neurologic, their sequelae, and implications for OT practice
- Discuss energy conservation, work simplification, and conditioning strategies that OTs typically use with aging adults to support occupational performance
- Describe occupational-based interventions in the management of falls in the presence of physiologic and neurologic conditions

- Discuss the psychological effects of physiologic and neurologic disorders in older adults

Outline of Content:

Hour #1

Cardiovascular Function
 Occupational Therapy Interventions Related to
 Cardiovascular& Cardiopulmonary Disease
 Energy Conservation
 Work Simplification
 Physical Conditioning
 Respiratory System
 Occupational Therapy Interventions Related to Respiratory
 System Dysfunction

Hour #2

Genitourinary System
 Gastrointestinal System
 Endocrine System
 Integumentary System
 Musculoskeletal System
 Neurologic System
 Occupational Therapy Interventions: Overall Aging-
 Sensitive Approaches
 Issues Regarding Self-Management of Chronic Illness
 Additional Intervention Strategies
 Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

- Category 1: Domain of OT
- Category 2: Occupational Therapy Process
- Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.

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