Course Title: Geriatrics 220

Course Subtitle: Cognitive Executive Abilities in Aging and Everyday Life

Course Source: Occupational Therapy with Aging Adults: Promoting Quality of Life Through Collaborative Practice by Karen Barney and Margaret Perkinson

Source Description: Look no further for the book that provides the information essential for successful practice in the rapidly growing field of gerontological occupational therapy! Occupational Therapy with Aging Adults is a new, comprehensive text edited by OT and gerontological experts Karen Frank Barney and Margaret Perkinson that takes a unique interdisciplinary and collaborative approach in covering every major aspect of geriatric gerontological occupational therapy practice. With 30 chapters written by 70 eminent leaders in gerontology and OT, this book covers the entire continuum of care for the aging population along with special considerations for this rapidly growing demographic. This innovative text also covers topical issues spanning the areas of ethical approaches to treatment; nutrition and oral health concerns; pharmacological issues; low vision interventions; assistive technology supports; and more to ensure readers are well versed in every aspect of this key practice area. Includes Intra-professional and interprofessional approach to intervention, case studies and more!

Target Audience: OT, OTAs

Course Length: 1 hour

Educational Level: Introductory, Intermediate, Advanced
The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:
At the end of the course, participants will be able to:

- Describe the concept and structure of executive function
- Explain the relationship between executive function and functional status among older adults
- Select assessment tools and approaches for evaluating executive function
- Identify cognitive, physical, and social interventions for maintaining and improving executive function and functional abilities in daily activities among older adults
- Examine current best evidence for applying research on executive function to occupational therapy services for older adults
Outline of Content:

Hour #1
Executive Function and Functional Status
The Architecture of Executive Function in Relation to Functional Status
Assessing Executive Function
Interventions for Executive Function
Cognitive Interventions to Improve Executive Function
Exercise Interventions to Improve Executive Function
Social Engagement Interventions to Improve Executive Function
Summary

Instructional Methods and Formats:
Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:
A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:
Category 1: Domain of OT
Category 2: Occupational Therapy Process
Category 3: Professional Issues

Additional Policies:
OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.

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