



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Geriatrics 227

Course Subtitle: Successful Aging

Course Source: Occupational Therapy with Aging Adults: Promoting Quality of Life Through Collaborative Practice by Karen Barney and Margaret Perkinson

Source Description: Look no further for the book that provides the information essential for successful practice in the rapidly growing field of gerontological occupational therapy! Occupational Therapy with Aging Adults is a new, comprehensive text edited by OT and gerontological experts Karen Frank Barney and Margaret Perkinson that takes a unique interdisciplinary and collaborative approach in covering every major aspects of geriatric gerontological occupational therapy practice. With 30 chapters written by 70 eminent leaders in gerontology and OT, this book covers the entire continuum of care for the aging population along with special considerations for this rapidly growing demographic. This innovative text also covers topical issues spanning the areas of ethical approaches to treatment; nutrition and oral health concerns; pharmacological issues; low vision interventions; assistive technology supports; and more to ensure readers are well versed in every aspect of this key practice area. Includes Intra-professional and interprofessional approach to intervention, case studies and more!

Target Audience: OT, OTAs

Course Length: 1 hour

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the end of the course, participants will be able to:

- Provide a critical overview of the concept of successful aging
- Describe the roles that culture, cultural diversity, and retirement play in the experiences and expectations of aging
- Define successful aging from an OT perspective
- Explore evidence-based research related to successful aging
- Discuss strategies for training the current and future health-care workforce

Outline of Content:

Hour #1

The evolution of the “Successful Aging” Paradigm
Other Theories and Approaches to Successful Aging.
Culture, Cultural Diversity, and Successful Aging from a
Global Perspective
Subcultures of Aging in the United States
Aging and Health from a Global Perspective
Successful Aging and Retirement
History of Retirement
Physical, Psychological, and Financial Tolls of Retiring
Toward a Revised Definition of Successful Aging
Relevance to Occupational Performance Deficits and Occupational
Therapy Interventions
Research Related to Occupational Performance and Successful
Aging
Social Participation and Quality of Life
Research on Successful Cognitive Aging
Research on Lifestyle Factors and Successful Aging
The Harvard Study of Adult Development
Research on “Quality Longevity”
Evidence-Based Community Health Promotion and Wellness
Programs to Foster Successful Aging
The Well Elderly Study 1 and 2
The Creativity and Aging Study
Administration on Aging Health Promotion and Wellness
Programs
The Stanford University Chronic Disease Self-Management
Program
The FallsFree™ Coalition
The Centers for Disease Control and Prevention Compendium
of Effective Fall Interventions
Training the Health-Care Workforce—Present and Future
Future Trends
Our Future Selves: A Virtual Glimpse into the Future
Current and Future Practice Areas to Support Successful
Aging
Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course.
See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.

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