

**Course Title:** Geriatrics 243

**Course Subtitle:** Depression and Cardiovascular Disorders in the Elderly

**Course Description:** The world's older population continues to grow at an unprecedented rate. This trend amplifies the necessity of improving the care of older patients with chronic health problems. Of those with chronic health problems, those with cardiovascular diseases and depression are particularly challenging due to the multifaceted nature of these conditions. This review discusses the significance of this aging trend and ways to better care for this particular population.

**Course Source:** Clinics in Geriatric Medicine

**Course Length:** 1 hour

**Course Authors:** Multiple

**Course Instructor:** Joanne Brown, MS, OTR/L, CHT

**Target Audience:** OT/OTA's, PT/PTA's

**Educational Level:** Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

**Course Objectives:**

At the end of the course, participants will be able to:

- Describe the significance of depression and cardiovascular disease in the elderly
- Examine how depression can be diagnosed in elderly patients with CVD
- Describe the pathomechanics underlying depression and CVD
- List 3 interventions for treating elderly with depression and CVD
- Differentiate 5 key features between early-onset and late-onset depression

**Outline of Content:**

### **Hour #1**

Introduction

The significance of depression and cardiovascular disease in the elderly

Diagnosing depression in elderly patients with cardiovascular disease

Pathomechanisms underlying depression and cardiovascular disease in the elderly

Improving the care for elderly patients with cardiovascular disease and depression

Key points

**Instructional Methods and Formats:**

Online course available 24/7 at [www.OnlineCE.com](http://www.OnlineCE.com) includes text-based course.

**Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

**AOTA Classification Codes:**

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

**Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.

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