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AOTA Approved Provider #4023

**Course Title:** Hand Clinics 102

**Course Subtitle:** Wrist Anatomy and Surgical Approaches

**Course Description:** Hand Clinics 102, Wrist Anatomy and Surgical Approaches, is a 1-hour course designed for the clinician working with patients with upper extremity/hand injuries. Appreciation and knowledge of anatomy as it relates to surgical approaches is critical for planning treatment of traumatic wrist injuries. This course discusses the pertinent anatomy and some of the more commonly used approaches to wrist trauma. Understanding wrist anatomy and surgical approaches is fundamental to the clinician being able to develop effective treatment plans and interventions.

**Target Audience:** OT/OTA

**Course Length:** 1 hour

**Course Author/Instructor:** Brown, MS, OTR/L, CHT

**Educational Level:** Introductory, Intermediate, Advanced

**Course Objectives:**

At the end of this course, participants will be able to:

- Outline 10 different surgical approaches to the wrist
- Become familiar with techniques for various surgical Describe all of the anatomical features of the wrist
- approaches to the wrist
- List an indication for each surgical approach to the wrist
- Become familiar with the indication for and technique of applying an external fixator

**Outline of Content:**

**Hour #1**

Surface Anatomy  
Osteology and joint anatomy  
Retinacular Anatomy

Vascular anatomy  
Surgical Approach – volar approach  
Indications, Landmarks, Techniques  
Carpal Tunnel Approach  
Indications, Landmarks, Techniques  
Central Palmer Approach  
Technique  
Guyon’s Canal  
Technique  
Dorsal Approach to the Distal Radioulnar Joint  
Technique  
Direct Ulnar  
Technique

**Instructional Methods and Formats:**

Online course available 24/7 at [www.OnlineCE.com](http://www.OnlineCE.com) includes PDF downloadable course. See course formats for additional details.

**Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

**AOTA Classification Codes:**

- Category 1: Domain of OT
- Category 2: Occupational Therapy Process
- Category 3: Professional Issues

**Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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