



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Hand Therapy 111

Sub-Title: Therapist's Management of Distal Radius Fractures (DRF)

Course Description: Hand Therapy 111, Therapist's Management of Distal Radius Fractures (DRF) is a 1-hour course designed for the intermediate clinician working with patients with upper extremity injuries including fractures of the distal radius. This course begins with an overview of an examination of the patient with a DRF. Therapy guidelines according to the phases of rehabilitation, including early protective phase, mobilization phase, and strengthening phase are covered. Therapy guidelines and progression of treatment will also be discussed as it relates to the fracture management technique (closed reduction, external fixation, open reduction or dorsal plating). Complications will also be explored. At the end of this course, the learner will have a greater understanding and awareness of how to manage and treat patients with a DRF in order to develop effective treatment plans for the best possible outcome.

Target Audience: OT/OTA

Course Length: 1 hour

Course Author/Instructor: Michlovitz, PT, PhD, CHT / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

Course Objectives:

At the conclusion of the course, participants will be able to:

- Discuss the components included in an evaluation of the patient with DRF
- Outline and discuss the 3 phases of rehabilitation for DRF
- Differentiate treatment guidelines according to fracture management technique
- List and define 5 complications associated with DRF
- Discuss the importance of future research and exploration of DRF

Outline of Content:

Hour #1

Introduction

Surgeon's Management of DRF's

Examination of the Patient with DRF

Therapy Guidelines and Progression

Mobilization Phase
Function and Strengthening Phase
Patient and Education and Home Exercise Programs
Therapy Guidelines Based on Fracture Management Technique
Conclusions
Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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