



**Course Title:** Hand Therapy 111– Therapist's Management of Distal Radius Fractures

**Course Source:** Rehabilitation of the Hand

**Course Description:** Hand Therapy 111, Therapist's Management of Distal Radius Fractures (DRF) is a 1-hour course designed for the intermediate clinician working with patients with upper extremity injuries including fractures of the distal radius. This course begins with an overview of an examination of the patient with a DRF. Therapy guidelines according to the phases of rehabilitation, including early protective phase, mobilization phase, and strengthening phase are covered. Therapy guidelines and progression of treatment will also be discussed as it relates to the fracture management technique (closed reduction, external fixation, open reduction or dorsal plating). Complications will also be explored. At the end of this course, the learner will have a greater understanding and awareness of how to manage and treat patients with a DRF in order to develop effective treatment plans for the best possible outcome.

**Target Audience:** OT / OTA and other healthcare professionals

**Course Type:** Video vs. Text-based

**Educational Level:** Beginner, Intermediate, Advanced

**CE Hours:** 1 contact hour / .1 ceu

**Course Prerequisites:** None

**Course Author / Instructor:** Michlovitz, PT, PhD, CHT and Festa, OTR, CHT / Brown, MS, OTR/L, CHT

**Learning Objectives:**

- Discuss the components included in an evaluation of the patient with DRF
- Outline and discuss the 3 phases of rehabilitation for DRF
- Differentiate treatment guidelines according to fracture management technique
- List and define 5 complications associated with DRF
- Discuss the importance of future research and exploration of DRF

**Agenda:**

**Hour #1**

Introduction

Surgeon's Management of DRF's

Examination of the Patient with DRF

Therapy Guidelines and Progression

Mobilization Phase

Function and Strengthening Phase  
Patient and Education and Home Exercise Programs  
Therapy Guidelines Based on Fracture Management Technique  
Conclusions  
Summary

**Course Completion Requirements:**

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

**Additional Course Information**

**Course Registration:** Register for Free at [www.OnlineCE.com](http://www.OnlineCE.com). Once registered, you can begin to purchase courses. Contact [info@onlinece.com](mailto:info@onlinece.com) for special needs requests and assistance.

**Refund Policy:** There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

**Cancellation Policy:** Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

**Course Date and Location:** This is an independent course that is available 24/7 on-demand at [www.OnlineCE.com](http://www.OnlineCE.com).

**Required Materials and Equipment:** Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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