



Course Title: Hand Therapy 113– Elbow Tendinopathies: Clinical Presentation and Therapist's Management of Tennis Elbow

Course Source: Rehabilitation of the Hand

Course Description: Hand Therapy 113, Elbow Tendinopathies: Clinical Presentation and Therapist's Mngmt of Tennis Elbow is a 1-hour course designed for the intermediate clinician working with patients with upper extremity injuries including tennis elbow. This course begins with an overview of the structure and function of normal tendon and then discusses the histopathology of tendinopathies. Clinicians will learn how to differentiate tennis elbow from other injuries that occur around the elbow and have similar presenting features. Clinical presentation, examination for tennis elbow and common therapy interventions such as physical agents, exercise, splinting, massage, and work modification will all be reviewed. At the end of this course, the learner will have a greater understanding and awareness of how to manage and treat patients with elbow tendinopathies in order to develop effective treatment plans for the best possible outcome.

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs. Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 1 contact hour / .1 ceu

Course Prerequisites: None

Course Author / Instructor: Fedorczyk, PT, PhD, CHT, ATC / Brown, MS, OTR/L, CHT

Learning Objectives:

- Describe and examine the histopathology of tendinopathies
- Become familiar with differential diagnosis for lateral epicondylitis
- Describe the presenting features of tennis elbow
- Outline components of a clinical exam for tennis elbow
- Outline and describe the phases of rehab for tennis elbow

Agenda:

Hour #1

Introduction

Tendon Structure and Function

Histopathology of Tendinopathies

Differential Diagnosis

Clinical Presentation

Components of the Clinical Examination

Therapist's Management: The Need for a Comprehensive Rehabilitation Program

Summary

Course Completion Requirements:

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

Additional Course Information

Course Registration: Register for Free at www.OnlineCE.com. Once registered, you can begin to purchase courses. Contact info@onlinece.com for special needs requests and assistance.

Refund Policy: There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

Cancellation Policy: Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

Course Date and Location: This is an independent course that is available 24/7 on-demand at www.OnlineCE.com.

Required Materials and Equipment: Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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