



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Hand Therapy 114

Sub-Title: Clinical Examination of the Hand

Target Audience: OT/OTA

Course Length: 2 hours

Course Author/Instructor: Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Outline and describe components of a comprehensive hand evaluation
- Describe techniques for testing intrinsic and extrinsic muscles of the hand
- Describe manual muscle testing grades for muscles of the hand
- Perform tests to evaluate for intrinsic tightness and tightness of the oblique retinacular ligament
- Review testing procedures for grip and pinch strengths
- Describe nerve supply to the hand including motor and sensory function
- Review vascularity of the hand and describe the Allen's test

Outline of Content:

Hour #1

History
Physical Examination
Range of Motion
Muscle Testing

Hour #2

Strength
Nerve Supply of Hand – Motor and Sensory
Vascularity
Medical Screening and Review of Systems

Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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