



Course Title: Hand Therapy 115– Clinical Examination of the Wrist

Course Source: Rehabilitation of the Hand

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs. Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 2 contact hour / .2 ceu

Course Prerequisites: None

Course Author / Instructor: Skirven, OTR/L, CHT and Osterman, MD / Brown, MS, OTR/L, CHT

Learning Objectives:

- Describe components involved in a comprehensive evaluation of the wrist
- Describe the relevance for the use of injection in diagnosing wrist pathologies
- Name the 5 zones of the wrist and list important structures within each zone
- Become familiar with conditions that may affect each of the 5 zones of the wrist
- Outline steps involved in performing the grind test
- Describe various tests for assessing scaphoid instability
- Describe tests for assessing the TFCC and ulnar sided instability

(This course has the same content as Hand Therapy 132 only the delivery format is different. Do not take this course if you have already taken Hand Therapy 132)

Agenda:

Hour #1

History of the Injury or Onset
Inspection of the Wrist
Objective Assessments
Diagnostic Injection
Physical Examination

Hour #2

Radial Dorsal Zone
Central Dorsal Zone
Ulnar Dorsal Zone
Radial Volar Zone

Ulnar Volar Zone Summary

Course Completion Requirements:

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

Additional Course Information

Course Registration: Register for Free at www.OnlineCE.com. Once registered, you can begin to purchase courses. Contact info@onlinece.com for special needs requests and assistance.

Refund Policy: There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

Cancellation Policy: Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

Course Date and Location: This is an independent course that is available 24/7 on-demand at www.OnlineCE.com.

Required Materials and Equipment: Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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