



Course Title: Hand Therapy 121 - Management of Hand and Wrist Tendinopathies

Course Source: Rehabilitation of the Hand

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs. Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 2 contact hour / .2 ceu

Course Prerequisites: None

Course Author / Instructor: Multiple / Brown, MS, OTR/L, CHT

Learning Objectives:

- Become familiar with the management of hand and wrist tendinopathies
- Describe the pathology involved in stenosing tendovaginitis
- List and describe 3 principles and interventions for managing tendinopathies
- Outline the anatomy and pathomechanics involved in trigger finger
- Describe the pathology, diagnosis and management of de Quervain's
- Describe the anatomy and management of intersection syndrome
- Become familiar with tenosynovitis associated with systemic disorders and infections

Agenda:

Hour #1

- Stenosing Tendovaginitis
- Pathology
- Demographics and Etiology
- Assessment
- General Principles of Management
- Types of Stenosing Tendovaginitis
- Insertional Tendinopathies Radial Wrist Extensors Interosseous Tendons

Hour #2

- Tenosynovitis
- Associated with Systemic Disorders and Infection
- Congenital Trigger Digit
- Diabetes Mellitus

- Rheumatologic Disorders
- Hypothyroidism
- Crystalline Tendinopathies
- Deposition Diseases
- Sarcoidosis
- Septic Tenosynovitis
- Congenital Trigger Digit Summary

Course Completion Requirements:

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

Additional Course Information

Course Registration: Register for Free at www.OnlineCE.com. Once registered, you can begin to purchase courses. Contact info@onlinece.com for special needs requests and assistance.

Refund Policy: There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

Cancellation Policy: Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

Course Date and Location: This is an independent course that is available 24/7 on-demand at www.OnlineCE.com.

Required Materials and Equipment: Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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