



Course Title: Hand Therapy 133 – Therapist's Management of Distal Radius Fractures and CTS after DRF

Course Source: Rehab of the Hand, 6th Edition

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs. Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 2 contact hour / .2 ceu

Course Prerequisites: None

Course Author / Instructor: Multiple / Brown, MS, OTR/L, CHT

Learning Objectives:

- Identify and describe 5 examination components used for evaluating a pt after DRF
- List and describe 4 factors that can influence the progression of therapy with a pt after DRF
- Outline and describe the 3 phases of therapy (early, motion/mobilization, function/strength phase)
- Describe 3 interventions to increase motion of the joints, tendons and intrinsic muscles of a pt after DRF
- Outline and describe the function and strength phase of rehabilitation
- List 2 key points for a HEP Identify and describe 3 common complications after DRF

Agenda:

Hour #1

Surgeon's Management of DRFs

Examination of a Patient with DRF

Patient factors including medical history, Patient-rated self-report measures/questionnaires, ROM, Loading across the wrist: grip, pinch and push-off, Radiographic outcomes, Measuring outcome of intervention after wrist fracture

Therapy Guidelines and Progression

Phases of rehabilitation

Mobilization/Motion Phase

Techniques to restore motion, Role of orthotic device for adaptively shortened connective tissue

Hour #2

What about the hand?

Function and Strengthening Phase

Patient Education and Home Exercise Programs

Therapy Guidelines Based on Fracture Management Technique

Closed reduction and cast immobilization, External fixation with or without percutaneous pinning

Open reduction and internal fixation, Dorsal plating

Complications: When things do not go well

Do patients get better with hand therapy, Exploring further information about DRFs

Conclusion

Course Completion Requirements:

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

Additional Course Information

Course Registration: Register for Free at www.OnlineCE.com. Once registered, you can begin to purchase courses. Contact info@onlinece.com for special needs requests and assistance.

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Cancellation Policy: Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

Course Date and Location: This is an independent course that is available 24/7 on-demand at www.OnlineCE.com.

Required Materials and Equipment: Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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