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APP: #4023

Course Title: Hand Therapy 141

Course Subtitle: Biomechanical Factors in the Stability of the Forearm

Course Description: The forearm has evolved into a highly complex and versatile part of human anatomy. Ligaments and joints act in unison to facilitate placement of the hand in 3-dimensional space and transmit loads across the upper extremity. Intricate but effective forearm stabilizers facilitate physiologic motions and restrict abnormal ones. This lesson is intended to integrate current knowledge of forearm biomechanics into a cohesive and practical picture.

Course Source: Hand Clinics

Course Length: 1 hour

Course Format: Audiovisual presentation with downloadable PDF handout

Course Authors: Jorge L. Orbay, MD and Richard A. Cambo, MA

Course Instructor: Joanne Brown, MS, OTR/L, CHT

Target Audience: OT/OTA's

Educational Level: Introductory, Intermediate, Advanced

Course Objectives:

At the end of the course, participants will be able to:

- *Examine the structure and function of the forearm
- *Describe injuries of the PRUJ
- *Describe injuries of the DRUJ
- *Describe injuries of the Central Band
- *Describe injuries associated with attrition of the central band

Outline of Content:

Hour #1

Basic structure and function
Proximal radioulnar joint injury
Central Band injury
Central Band Attrition
Distal radioulnar joint injury

Summary

Highlight of Key Points

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes audiovisual course with downloadable PDF slide notes.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the top-navigation bar.

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