



Course Title: ~~Course Title:~~ Hand Therapy 143 - Elbow Instability: Evaluation and Treatment

Course Source: Hand Clinics, Nov. 2020

Course Description: Instability of the elbow joint is a subject of much discussion and can present a challenge in evaluation and treatment. In terms of nomenclature, *simple elbow dislocations* represent those dislocations with soft tissue but not bony injuries, whereas *complex dislocations* are those with concomitant bony injuries. In reality, many dislocations occur with subtle bony injuries, which may represent shear injury or avulsion fracture; some of these may portend a poorer prognosis whereas others may have no bearing on the treatment or prognosis of the injury. In this lesson, we consider important points in the evaluation and treatment of elbow instability.

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs. Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 1 contact hour / .1 ceu

Course Prerequisites: None

Course Author / Instructor: Louis H. Poppler, MD and Steven L. Moran, MD / Brown, MS, OTR/L, CHT

Learning Objectives:

- Describe the anatomic components and primary stabilizers of the elbow
- Describe the mechanism of injury for elbow dislocations
- List and describe 3 treatment considerations for elbow dislocations in the acute setting
- Examine and describe “Terrible Triad” injuries and discuss how they occur
- Outline 3 mechanisms that contribute to chronic instability of the elbow due to ligamentous inefficiency

Agenda:

Hour #1

Introduction

Anatomic Considerations

 Mechanisms of Injury

Evaluation and Treatment Considerations in the Acute Setting

Fracture Dislocation of the Elbow

 The Terrible Triad

Varus Posterior Medial Rotary Instability

Chronic Instability due to Ligamentous Insufficiency

Imaging Studies

Course Completion Requirements:

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

Additional Course Information

Course Registration: Register for Free at www.OnlineCE.com. Once registered, you can begin to purchase courses. Contact info@onlinece.com for special needs requests and assistance.

Refund Policy: There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

Cancellation Policy: Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

Course Date and Location: This is an independent course that is available 24/7 on-demand at www.OnlineCE.com.

Required Materials and Equipment: Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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