



Online Continuing Education Courses  
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AOTA Approved Provider #4023

**Course Title:** Hippotherapy 101

**Course Subtitle:** Know Your Pelvis: Anatomy of the Pelvis with Interactive Dissection

**Course Description:** Hippotherapy 101 is a 2-hour course designed for Occupational and Physical Therapists who are currently using equine movement in their clinical practice and would like a review or greater understanding of the anatomy of the human pelvis. This course will review normal anatomy of the pelvic region and will provide an in-depth view and comprehensive overview of the human pelvis. Understanding normal anatomy is paramount to recognizing abnormal anatomy, pathology and normal and abnormal pelvic movement when a client is mounted on the horse. This course is divided into 2 parts; the first hour is a comprehensive review of pelvic anatomy and the second hour provides a unique opportunity to use interactive dissection software to actually locate, dissect and click through the different layers of anatomy. See below for course objectives and outline of content for additional information.

*This course can be taken by SLPs, however OnlineCE.com does not pre-approve this course with any SLP CE approval agencies.*

**Target Audience:** OT, OTA, PT, PTA and Speech Pathologists

*(This course is not pre-approved for Speech Therapists through any CE approval agency)*

**Course Length:** 2 hours

**Course Author/Instructor:** Joanne Brown, MS, OTR/L, CHT

**Course Objectives:**

At the end of the course, participants will be able to:

- Describe the bones that make up the pelvis
- List 3 ligaments that stabilize the pelvis
- List 3 functions of the pelvis
- Differentiate the boundaries of the greater pelvis from the lesser pelvis
- List and describe 3 muscles that have attachments within the pelvis
- List and describe 5 muscles that have attachments to the pelvis
- List 5 differences between the male and female pelvis
- List and describe the nerve and blood supply to the pelvis
- Describe 4 motions that occur at the pelvis
- Examine bony and soft tissue anatomy of the pelvis using interactive dissection

**Outline of Content:**

**Hour #1**

Anatomical Overview of the Pelvis

Function of the Pelvis

Anatomy of the Pelvis

Bony Anatomy

Bony Landmarks

Ligaments

Joints and Articulations

Greater Pelvis and Lesser Pelvis

Pelvic Inlet and Pelvic Outlet

Muscles within the Pelvis

Muscular Attachments to the Pelvis

Nerve Supply to the Pelvis

Blood Supply to the Pelvis

Differentiate Structural Differences in Pelvis Male vs Female

Describe Movement of the Pelvis in Relation to Anatomical Planes of the Body

## **Hour #2**

Locate bony and soft tissue anatomical structures using online interactive dissection

Explore and examine about bony and soft tissue anatomical structures using online interactive dissection

Read about bony and soft tissue anatomical structures using online interactive dissection

### **Instructional Methods and Formats:**

Online course available 24/7 at [www.OnlineCE.com](http://www.OnlineCE.com) includes PDF downloadable course.

See course formats for additional details.

### **Course Completion Requirements:**

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

### **AOTA Classification Codes:**

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

### **Additional Policies:**

OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.

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