



Online Continuing Education Courses
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AOTA Approved Provider #4023

Course Title: Lymphology 101

Sub-Title: Lipedema

Course Description: Lymphology 101, Lipedema, is a 1-hour course designed for the intermediate clinician working with patients affected by lipedema. Lipedema is present in approximately 11% of the population and is most common in women. Patients with lipedema are seen by allied health care specialists and massage therapists and lipedema is a condition that effects all areas of an individual's life. This course will begin with a review of the condition including clinical definition, signs and symptoms. Pathophysiology and physiology of lipedema will be discussed along with the complications of lipedema and the combination of lipedema presenting with other conditions. Prognosis, diagnosis and differential diagnosis will also be covered. Pictorial illustrations and photographs are used to highlight clinical cases.

Target Audience: OT/OTA

Course Length: 1 hour

Course Author/Instructor: Coopee, MT, OT, CHT / Brown, MS, OTR/L, CHT

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the conclusion of the course, participants will be able to:

- Recite the definition of lipedema and list 5 signs and symptoms
- Describe the pathophysiology and pathology associated with lipedema
- List 5 complications and combinations with other diseases
- Explain the prognosis for patients with lipedema
- Differentiate between the diagnosis of lipedema and and common differential diagnosis
- Become familiar with the role of therapy for patients with lipedema

Outline of Content:

Hour #1

Definition, Signs and Symptoms

Pathophysiology and Pathology
Complications and Combinations with Other Diseases
Prognosis
Diagnosis and Differential Diagnosis
Therapy
Cellulite

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes PDF downloadable course. See course formats for additional details.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left hand navigation bar.

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