

Course Title: Lymphology 103 – Decongestive Kinesiotherapy, Respiratory Therapy, Physiotherapy and Other PT Techniques

Course Description: Lymphology 103, Decongestive Kinesiotherapy, Respiratory Therapy, Physiotherapy and Other Physical Therapy Techniques, is a 2-hour course designed for the intermediate clinician interested in learning more about decongestive and other therapy techniques. This course begins with an overview of basic principles and functional rehabilitation of patients living with lymphedema. Patients with lymphedema are commonly seen by allied health care specialists and massage therapists and clinicians must be kept up to date on issues and effective treatment interventions. This course will also cover the treatment and management of patients with malignant tumors who are receiving radiation therapy and the implications related to lymphedema. Issues include the acute and chronic effects of radiation therapy, manual lymph drainage, treatment of radiation-induced fibrosis and rehabilitation after radiotherapy. Additional therapy techniques for managing lymphedema and other coexisting diseases that effect the musculoskeletal system will be reviewed as well. Pictorial illustrations, tables and graphs will be used to highlight key clinical points.

Target Audience: OT / OTA and other healthcare professionals

Course Type: Video vs. Text-based

Educational Level: Beginner, Intermediate, Advanced

CE Hours: 2 contact hour / .2 ceu

Course Prerequisites: None

Course Author / Instructor: Multiple

Learning Objectives:

- Recite the basic principles of Decongestive Kinesiotherapy and Respiratory Therapy
- Describe the functional rehab of pts with lymphedema
- Recall 3 effects of radiation
- Describe the chronic effects of radiation
- Understand principles of manual lymph drainage
- Understand the treatment of radiation-induced fibrosis
- Become familiar with compression therapy with radiation induced plexopathy

Agenda

Hour #1

General Remarks Regarding Decongestive Exercises – Practical Tips
Functional Rehabilitation of Lymphedema Patients

Treatment of Malignant Tumors Using Radiation Therapy and Implications for Lymphedema
Therapy Acute Effects of Radiation
Chronic Effects of Radiation
Manual Lymph Drainage
Treatment of Radiation-Induced Fibrosis

Hour #2

Directions for Compression Therapy in the Event of Radiation-Induced Plexopathy
Functional Rehabilitation after Radiotherapy
Adjuvant Physical Therapy for Lymphedema and Certain Coexisting Diseases of the
Musculoskeletal System
Hydrotherapy Heat and Cold Electrotherapy
Physiotherapy for Certain Coexisting Diseases

Course Completion Requirements:

A passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course and completing a satisfaction survey, you will receive your certificate of completion.

Additional Course Information

Course Registration: Register for Free at www.OnlineCE.com. Once registered, you can begin to purchase courses. Contact info@onlinece.com for special needs requests and assistance.

Refund Policy: There will be no refunds for courses taken at OnlineCE.com or monies deposited into My CE Bank. Any money on account will be used for taking future courses. If you start a course in error, or if you are dissatisfied with a course, please contact us in the first part of the course and we will void the course and you can select a replacement course.

Cancellation Policy: Only available courses are offered online and on-demand and available for purchase. No registration fees are collected for courses that are not provided on-demand. Due to the online and on demand format, courses are not cancelled.

Course Date and Location: This is an independent course that is available 24/7 on-demand at www.OnlineCE.com.

Required Materials and Equipment: Courses offered on OnlineCE.com can be accessed on any type of computer or device. No special software is required but we do recommend the use of the Chrome Browser (recommended, not required). All course materials are contained within the courses and no prerequisites are required.



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