

Course Title: Neurology UE 119

Course Subtitle: Depression and Anxiety in Parkinson's

Course Description: Depression and anxiety are common neuropsychiatric manifestations of Parkinson disease. However, they are often under-recognized because the somatic symptoms of depression often overlap with the motor symptoms of Parkinson disease and there is low self-reporting.

Clinicians need to be vigilant about early detection and treatment of anxiety and depression in the patient with Parkinson disease. The development of new therapeutic strategies, including diet, exercise, and counseling along with antidepressants provide a holistic approach to management.

Course Source: Clinics in Geriatric Medicine

Course Length: 1 hour

Course Authors: Multiple

Course Instructor: Joanne Brown, MS, OTR/L, CHT

Target Audience: OT/OTA's, PT/PTA's

Educational Level: Introductory, Intermediate, Advanced

The course is written at the intermediate level, but learners of all levels will benefit from the information.

Course Objectives:

At the end of the course, participants will be able to:

- CITE THE TWO MOST COMMON PSYCHIATRIC COMORBIDITIES IN PD
- OUTLINE AND DESCRIBE FOUR TYPES OF DEPRESSIVE DISORDERS SEEN IN PD
- LIST 4 RISK FACTORS FOR DEPRESSION AND 4 RISK FACTORS FOR ANXIETY
- OUTLINE AND DESCRIBE 5 NONPHARMACOLOGIC THERAPY INTERVENTIONS FOR THE TREATMENT OF PD

Outline of Content:

Hour #1

- Introduction
- Epidemiology
- Classification
- Risk factors for depression and anxiety
- Scales
 1. Depression Assessment Scales
 2. Anxiety Assessment Scales
- Pharmacologic intervention
 1. Depression
 2. Treatment Strategy
- Optimizing dopaminergic treatment
- Nonpharmacologic therapy
- Management of anxiety
 - Outpatient Screening for Depression and Suicidality
- Summary

Instructional Methods and Formats:

Online course available 24/7 at www.OnlineCE.com includes text-based course.

Course Completion Requirements:

A minimum passing score of 100% is required for course completion. You will have as many attempts as needed until your passing score of 100% is achieved. Upon successful completion of course, you will receive your certificate of completion and AOTA eligible CEUs.

AOTA Classification Codes:

Category 1: Domain of OT

Category 2: Occupational Therapy Process

Category 3: Professional Issues

Additional Policies:

OnlineCE Policies are available by clicking on the tab – Policies – located in the left-hand navigation bar.

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